Summer Blast Day Camp
This all day camp is a fun-filled week for ages 4 & Up. Each week offers field trips, arts and crafts, swimming, sports, team building activities, and much... much...more. This camp is designed to encourage new friendships and provide opportunities for campers to gain new experiences, under the care of trained recreation staff.

Participants will meet Monday through Friday from 8:00am to 5:00pm at the Roosevelt Swim Center, 125 Waterloo St, with a sack lunch, water bottle and appropriate attire for that day's activities. Children may be dropped off no earlier than 7:45am and picked up no later than 5:15pm. Maximum enrollment each week is 35 participants. Cost for the program is $150 per participant each week. This camp fills fast so sign up as soon as you can!!!

Morning activities will occur throughout the week and will include Arts/Crafts, Team Building Exercises, Gym Games, Fitness Fun, Board Games, Tie-Dye Fun, and much more. Afternoon adventures are Monday through Wednesday beginning at 12:30pm. Full day adventures will run on Thursday and Friday from 8:30 to 4:30.
Rapid City Recreation Trips and Outings
Participants in 1/2 Day Trips and Outings will meet at the Swim Center at 12:00 pm.

Animal Adventures $25 (4 yrs & Up)
Join us for an afternoon of Animal Adventures. We will start at Bear Country and finish off the afternoon at Reptile Gardens. Our staff will transport your child from the Roosevelt Swim Center. A water bottle is recommended and be sure to dress for the weather.
June 7 12:30 pm - 4:30 pm
July 12 12:30 pm - 4:30 pm

Big Thunder Gold Mine $25 (4 yrs & Up)
Let’s head to Keystone for an authentic tour of the 1880’s Gold Mine. The Big Thunder staff will take you on an adventure that includes Black Hills gold mining history, geology, museum curiosities, and the opportunity to receive your own gold ore sample from the mine. The kids will also learn how to pan for gold, and have the opportunity to pan for their own gold. Our staff will transport your child from the Roosevelt Swim Center. A water bottle and light jacket or sweatshirt are recommended.
June 14 12:30 pm - 4:30 pm
July 19 12:30 pm - 4:30 pm

Ultimate Outing $25 (4 yrs & Up)
Putz N Glo, Miner’s Maze, & Finders Keepers. Participants will golf 18 holes of black light, rock-n-roll themed miniature golf, have one run in the human maze and challenge each other for the best time, then pan for gemstone treasures in a 64ft sluice. Our staff will transport your child from the Roosevelt Swim Center. A water bottle is recommended and be sure to dress for the weather.
May 31 12:30 pm - 4:30 pm
June 28 12:30 pm - 4:30 pm

Cedar Canyon Camp $30 ($60 for full day) (4 yrs & Up)
For the thrill seeker in all of us, join your friends for some fun and excitement outdoors at Cedar Canyon Camp. Enjoy their climbing wall and high ropes or come for Paintball combat surrounded by ponderosa pines and natural obstacles. Our staff will transport your child from the Roosevelt Swim Center. A water bottle is recommended and be sure to dress for the weather. If you are attending the full day please bring a lunch, which will be from 12:00pm-12:30pm.
High Ropes & Climbing Wall
June 17 8:30 am - 12:30 pm
July 22 8:30 am - 12:30 pm
Paintball, Climbing Wall & High Ropes
June 17 12:30 pm - 4:30 pm
July 22 12:30 pm - 4:30 pm
Rapid City Recreation
Trips and Outings

Participants in all day outings will meet at the Swim Center at 8:00 am. Please bring a sack lunch.

Participants in 1/2 Day Trips and Outings will meet at the Swim Center at 12:00 pm.

Swimming & a Movie $60
(4 yrs & Up)
Come join us for an afternoon of Fun and Relaxation. We will meet at the Roosevelt Swim Center at 12:15 pm, load up and transport everyone to the ELKS THEATRE for the 1:00 pm show. After the movie we will return to the Swim Center and swim until 4:30 pm. Bring a Swim Suit, Towel, Water Bottle and a light jacket or sweatshirt. Also if you want you can bring money for concessions!!

Fee: $60.00 for all 8 dates
12:15 pm - 4:30 pm
May 30
June 6, 13, 20, 27
July 11, 18, 25

Movie /Games & Jump Craze
June 3, 2016 8:30 - 4:30 pm

Ice Skating & Jump Craze
July 1, 2016 8:30 - 4:30 pm

$35 per day (4 yrs & Up)
There’s no rush like springing from a platform and embracing a brief moment of weightlessness before dropping and popping right back up. At Jump Craze, you can enjoy the fun and excitement of jumping on a trampoline like never before. Before Jump Craze we will head over to the Roosevelt Ice Arena for a morning of Ice Skating on July 1st and on June 3 we will have movie day and games. Our staff will transport your child from the Roosevelt Swim Center, 125 Waterloo St. Bring a sack lunch, water bottle and a light jacket or sweatshirt.

June 2 8:30 am - 4:30 pm
June 30 8:30 am - 4:30 pm

Flags & Wheels and Dinosaur Museum $35
(4 yrs & Up)
We will start off the day and visit the Dinosaur Museum where we will fossil dig, miniature golf, mirror maze and visit an awesome movie theater where we will learn about dinosaurs. After the Museum we will head over to Flags and Wheels and have fun riding go-carts, playing laser tag, and bumper cars along with many other activities. Our staff will transport your child from the Roosevelt Swim Center. Bring a sack lunch, water bottle, and money for arcade games and concessions.

June 23 8:30 - 4:30 pm
July 28 8:30 - 4:30 pm

Rushmore Cave, Zip Line, 7D Gunslinger $25
(4 yrs & Up)
Stalactite-filled cavern on a fun and educational cave tour. We will also soar through the air on the Zip Line, and try out the Gunslinger 7-D Interactive Ride. Our staff will transport your child from the Roosevelt Swim Center. We recommend bringing a water bottle and a light jacket or sweatshirt.

June 21 12:30 - 4:30 pm
July 26 12:30 - 4:30 pm

Outdoor Campus and Cleghorn Fish Hatchery $35
(4 yrs & Up)
Join our group for a trip to the Outdoor Campus West for a unique opportunity to experience what the Black Hills great outdoors has to offer, right in our own back yard. Educational topics may include South Dakota Wildlife habitat, tracks and signs of wildlife, map and compass skills, fishing, and other outdoor survival skills. Then we will head to the Cleghorn Fish Hatchery for an educational tour and feeding of the fish. Our staff will transport your child from the Roosevelt Swim Center. Bring a sack lunch, water bottle and a light jacket or sweatshirt.

June 9 8:30 am - 4:30 pm
July 14 8:30 am - 4:30 pm

Mammoth Site and Evans Plunge $35
(4 yrs & Up)
Join the group to experience the Mammoth Site and Evans Plunge in Hot Springs, SD. Our day will start at the Mammoth Site with a short video followed by a tour. Then off to Evans Plunge to swim and enjoy the water slides, water basketball, fun tubes, and fountains. Our staff will transport your children to the attractions from the Roosevelt Swim Center. Bring your swim suit, towel, and a sack lunch. You might want to bring money for concessions.

June 2 8:30 am - 4:30 pm
June 30 8:30 am - 4:30 pm
Do you already have the basic skills and want to continue to improve? Then these are the camps for you. Camps will be hosted by local high school coaches and players and will teach more than just the beginning skills.

Volleyball Camp $35
Join the Rapid City Central High School coaches and players at Central HS Gym. Each camper will be supported and challenged by the coaches to learn new skills and improve existing ones through drills, competition and instruction. We offer progressive training techniques for all skill levels, position specific training, and personal feedback. We will focus on correct mechanics with serving, passing, hitting, and defense. Other skills will also be taught.

Girls Basketball Camp $35
RC Central Girls Basketball Coach, Kraig Bloome
Join Coach Bloome and staff for 3 days of basketball instruction. The primary focus of this camp is to improve each player's individual basketball skills. You can expect a great balance of skill development, competition and fun. The camp setting will be energetic and informative for beginners and experienced players.

Boys Basketball Camp $35
RC Stevens Basketball Coach, Chris Stoebner
Join the Stevens High School Basketball coaches and players at the West Community Gym. This Camp focuses on all-around basketball skills, including personal and team instruction as well as development for children of all skill levels. Aside from being just a basketball summer camp, participants are exposed to a wide variety of activities in a traditional basketball camp setting.

Tennis Camp $35
Join the Rapid City Stevens High School coaches and players at the Sioux Park Tennis Courts where FUN is a priority as participants “play to learn,” developing skills through a positive learning experience and with a sense of accomplishment. Certified professionals provide a great learning environment for the developmental learning stages. Players will focus on movement, balance, swing motions, making contact, grips and stroke development.

Rockin R Rides Horseback Riding & Custer State Park $35
(5 yrs & Up)
Join us for a fun filled day with horseback riding through the Black Hills and educational opportunities at Custer State Park. Our staff will transport your child from the Roosevelt Swim Center. Bring a sack lunch, water bottle, and light jacket or sweatshirt.

Spearfish Aquatics Center $35
(4 yrs & Up)
Lets head to Spearfish for some fun in the sun. We will have a variety of activities including games and playground fun, then head to the Spearfish Aquatics Center for an afternoon of water fun. Please bring a swim suit, towel, sack lunch, and sunscreen. Our staff will transport your child from the Roosevelt Swim Center.

WaTiki Water Park $35
(4 yrs & Up)
With 30,000 square feet of pools, slides, and splashing fun, WaTiki is the largest indoor waterpark in the Dakotas! We will spend the whole day at one of the premier water parks in the area. Our staff will transport your child from the Roosevelt Swim Center. Bring a sack lunch, swim suit, towel, and money for arcade games and concessions.
Growing Up WILD (3-6 years)
This curriculum is an early childhood education program that builds on a child’s sense of wonder about nature and invites them to explore wildlife and the world around them. Through a wide range of activities and experiences Growing Up WILD provides an early foundation for developing positive impressions about nature and lifelong social and academic skills. All classes will be held at the Sioux Park Pavilion.

First Impressions
Children combine movement and math to show how they think and feel about animals.
June 6 Mon 9:30-11 am $10

The Deep Blue Sea
Children develop an awareness of the ocean and ocean life.
June 8 Wed 9:30-11 am $10

Bird Beak Buffet
Learn about the special functions of various bird beaks.
June 20 Mon 9:30-11 am $10

Art in the Park (3-6 Years)
This program is meant to encourage children to explore their creative thinking while participating in craft activities. Our instructors are teachers with several years of experience engaging children. All classes will be held at the Sioux Park Pavilion.

Goop Glop & Sidewalk Chalk
What a mess! You won’t want to wear your Sunday best for this class. Recipes for magical mixtures, weird textures, interesting materials and fun ideas using kid friendly concoctions will be created in this class.
June 7 & 9 T/TH 9:30-11 am $20

Wiggle Worms
Children learn and observe earthworms.
June 22 Wed 9:30-11 am $10

Lunch for a Bear
Children identify the kinds of foods that Black Bears eat by creating a plate of "bear food".
July 11 Mon 9:30-11 am $10

Tracks
Children explore animal tracks and make and compare tracks of their own.
July 13 Wed 9:30-11 am $10

Art in the Park

Pint Sized Picassos
Is there an Artist in the house? Join us for a fun filled time of painting. Explore using homemade recipes and unusual textures. Paint shirts will be provided, but bring your imagination.
June 21 & 23 T/TH 9:30-11 am $20

Alphabet Adventures
Art is all about exploring with your imagination. In this class we will incorporate letter recognition and associations into our take home projects.
July 12 & 14 T/TH 9:30-11 am $20

Random Art
These project are too cool to leave out, but too hard to categorize within a similar title. Our Pinterest loving staff had to incorporate these projects somehow and this is the class.
July 26 & 28 T/TH 9:30-11 am $20

Fun in the Park Camps (3-8 Years)
Need something new & exciting for your child this summer? These fun-filled morning camps are full of games and activities centered on a theme. Bring your water bottle and wear tennis shoes for this new, fun, exciting camp! Camps held at the Sioux Park Pavilion unless noted.

Bike Camp
Learn how a Strider bike works, why we wear helmets, and participate in balance biking activities.
June 14 – 16 T-TH 9:30-11 am $30
July 5 – 7 T-TH 9:30-11 am $30
Aug 2 – 4 T-TH 9:30-11 am $30

Sports & Games Camp
This sports and play program will focus on fun backyard activities that are important to mental and physical growth. Games played will focus on gross motor skills within various sports activities like dribbling, kicking, throwing, and catching.
June 28 – 30 T-TH 9:30-11 am $30
July 19 – 21 T-TH 9:30-11 am $30

Young Athlete Fun Days
Bring your Young Athletes to West Community Gym for play time in our Strider obstacle course. There will be fun activities focusing on gross motor skills along with physical development. The obstacle course will allow your child to perfect their skills by riding through the course using a Strider bike. You can bring your own Strider or use one of ours! Each participant will be required to wear a helmet and close-toed shoes are preferred.
FREE 10am - 2 pm
Jun 11, July 9 and Aug 6

Little League Challenger Program
The mission of this program is “to provide an opportunity for individuals with intellectual and physical challenges to enjoy the benefits of Little League participation in an environment structured to their abilities.”

Ages 4 – 18; time limited games; no score; buddies assist players, but ONLY as needed; all players bat and play defense every inning.

Games will be played T/TH July 19-28
Cost $15 (includes a t-shirt)
If you are interested in becoming a buddy please contact Kristy at 394-4168 or email Kristy.Lintz@rcgov.org.
Youth and Adult Recreation Programs

Summer Sand Volleyball
Come work on your tan and play in the sand. We offer leagues for all divisions. This is a six week league followed by an end of the season tournament. All games are played at the Sand Volleyball Courts at Founders Park. Games will begin the week of June 6th. Registration deadline is June 1st.

$100.00 per team
Divisions:
Monday: Coed 4 v 4 (A Division)
       Coed 2 v 2 (A Division)
Tuesday: Coed Upper & Lower B
Wednesday: Women's A, B, and C
Thursday: Coed A, B and C

Summer Indoor Volleyball
Don't want to play in the sand? Then this is the league for you! This is a six week league followed by an end of the season tournament. All games are played at the South Community Gym. Games begin Wednesday, June 8th. Registration deadline is June 1st.

$130.00 Per Team.
Divisions:
Wednesday:
Women's A
Women's Upper and Lower B
Women's C

Fall Volleyball League
Summer fun doesn't end, it just goes indoors. Last season we had 80+ teams! This is a 6 week league followed by an end of the season tournament. Games are played at South & West Community Gyms. Games will begin the week of August 23rd. Registration deadline is Aug 17th.

$135.00 per team
Divisions:
Tuesday: Coed 4 v 4 (A Division)
         Coed Upper & Lower B
Wednesday: Women's 4 v 4 (A)
          Women's Upper B (A & B)
          Women's Lower B (A & B)
          Women's C
Thursday: Coed A
         Coed Upper & Lower B
         Coed C
         Men's 4v4

Youth Flag Football
This non-contact Flag Football League is for children in the 1st - 4th grades during the 2016-2017 school year. Youth Flag Football teaches players basic football skills while promoting teamwork and sportsmanship. Players will gain valuable football experience in a fun, non-contact setting. Mouthpiece recommended, all other equipment provided. Volunteer Coaches are needed, and we will waive your registration fee if you are willing to coach. You will be informed of your team and schedule on the first night when you will meet your coach and get schedules for the season. Mandatory meeting with your coach at Nordermeer Field which is south of Sioux Park Pool on Monday, September 12th at 5:30pm for all 1st and 2nd graders and 6:30pm for all 3rd and 4th graders. Games will start Monday, September 19th. All games will be on Monday or Tuesday Nights at Nordermeer Field.

Please contact Matt Brandhagen if you are interested in coaching:
       matt.brandhagen@rcgov.org or cell
       (605)415-0226 work (605)394-5223

Registration deadline is September 7th.
Registration fee is $45.00 which includes a jersey.

You can register online at www.rcparksandrec.org or at one of these locations:

- Rapid City Swim Center
  125 Waterloo Street
- Parks and Rec Office
  515 West Boulevard

Adult Flag Football League (Fall)
The Rapid City Recreation Division is offering a Non-Contact Flag Football League with games to be played at Nordermeer Field. This is a six week league followed by an end of the season tournament. Games will begin the week of Aug 15th. Registration deadline is Aug 10th.

$335.00 per team
Divisions:
Wednesday Night: Men's A and C
Thursday Night: Men's B and C