

33RD ANNUAL BLACK HILLS SENIOR GAMES

◆ JULY 19 - 22, 2017 ◆



RETURN YOUR FORMS TO:	RC Parks & Recreation Office 515 West Blvd. Rapid City 57701 605-394-4168 Open M-F 7:30am - 4:00pm	Roosevelt Park Swim Center 125 Waterloo St. Rapid City 57701 605-394-5223 Open M-F 5:30am - 9pm; Sat 8am-8pm; Sun 1-8 pm
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Registrations are due by: THURSDAY, JUNE 29, 2017
Please fill out BOTH sides of the form & make checks payable to City of Rapid City.

<p>SCHEDULE AT A GLANCE:</p> <p><u>July 19 - July 21</u> Golf (MGC or EGC)</p> <p><u>Wednesday, July 19</u> 8:30 am Cycling (SPP) 9 am 10 Point Pitch (MSC); Basketball (WCG); Jump Rope (WCG); Bean Bags (WCG) 1 pm Pinochle (MSC) WII Bowling (MSC) 2 pm Badminton (CLSC) 4 pm Tennis (SPTC) 5 pm Omaha Poker (CLSC)</p> <p><u>Thursday, July 20</u> 8 am Horseshoes (SPP) 9 am Hand & Foot (CLSC); Mahjong (MSC); 8-Ball Pool (CLSC); Shufflebaord (MSC) 1 pm Bowling (ML); Pickelball (CLSC); Hand & Foot (MSC) 4 pm Athletes Picnic (OSBIS) 6 pm Raquetball (RPSC)</p> <p><u>Friday, July 21</u> 9 am Whist (MSC); Swimming Session I (RPSC) 1 pm Cribbage (MSC) 1:30 pm Volleyball (CLSC) 3:30 pm Table Tennis (CLSC) 5 pm Texas Hold'Em (CLSC) 5:30 pm Swimming Session II (RPSC)</p> <p><u>Saturday, July 22</u> 7 am 5K Run/Walk (SPP) 8 am Spin Casting (SPT); Track & Field (SPT) 9:30 am Dancing Clinic (CLSC) 4 pm Athletes Dinner (CLSC) **Additional Fee</p>	<p>LOCATION KEY:</p> <p>CLSC Canyon Lake Senior Center 2900 Canyon Lake Dr.</p> <p>MSC Minneluzahan Senior Center 315 N 4th St.</p> <p>SPT Sioux Park Track or SPTC Sioux Park Tennis Courts 2445 Canyon Lake Dr.</p> <p>SPP Sioux Park Pavillion 940 Sheridan Lake Rd.</p> <p>ML Meadowood Lanes 3809 Sturgis Rd.</p> <p>RPSC Roosevelt Park Swim Center 125 Waterloo St.</p> <p>WCG West Community Gym 1003 Soo San Dr.</p> <p>MGC Meadowbrook Golf Course 3625 Jackson Blvd.</p> <p>EGC Executive Golf Course 200 12th St.</p> <p>OSBIS Old Storybook Island Shelter 2911 Canyon Lake Dr.</p> <p>TBD To Be Determined</p>
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BLACK HILLS SENIOR GAMES ♦ JULY 19 - 22, 2017

EVENT DETAILS:

5K Run/Walk: Route will be from Sioux Park Pavilion to Founders Park and back along the bike path.

Badminton: Singles, Doubles, and & Mixed Doubles. Round Robin Tournament format.

Basketball: Free Throws and Field Goal Shooting Skills at West Community Gym (25 shot attempts)

Bean Bag Toss: 50 throws at West Community Center Gym

Billiards: 8-Ball Pool Men's and Women's Singles at Canyon Lake Senior Center (Double elimination format).

Bowling: Singles, Doubles & Mixed Doubles at Meadowood Lanes on Thursday from 1-7 pm. Leave your scorecard at Meadowood Lanes. 3 Games. Must provide your own partner.

Card Games: 10 Point Pitch, Pinochle, Mahjong, Whist & Cribbage at Minneluzahan. Omaha Poker, Hand & Foot, and Texas Hold'Em at Canyon Lake Senior Center. House Rules Apply.

Cycling: 1 mile & 5 mile Course Start/Finish Location will be at Sioux Park Pavillion.

Dancing Clinic: Debbie Ellerton of Heartland Dancing will be providing a two hour dance clinic at Canyon Lake Senior Center.

Golf: 9 holes at Executive Golf Course or 18 holes at Meadowbrook Golf Course anytime Monday - Friday. Play must be completed by 5 pm on Friday for qualifications. Leave your scorecard at the participating Golf Course. No Handicap/Raw Score.

Horseshoes: 50 shoes at Sioux Park Pits.

Jump Rope: 1 minute and 3 minutes at West Community Center Gym. Judged by the number of successful continuous jumps in designated minutes.

Pickle Ball: Singles, Doubles & Mixed Doubles at Canyon Lake Senior Center. Tournament format will be determined by the number of registrations.

Racquetball: Singles, Doubles, & Mixed Doubles at Roosevelt Park Swim Center. Round Robin tournament format.

Shuffleboard: Singles, Doubles, & Mixed Doubles at Minneluzahan Senior Center. Equipment will be provided.

Spincasting: Scored based upon accuracy and distance. Rods can be steel, fiberglass, graphite or bamboo. Sioux Park Track complex Infield.

Swimming: Events will take place at Roosevelt Park Swim Center. Two sessions will be available with a rolling schedule. You only have to compete at one session.

Table Tennis: Singles, Doubles, & Mixed Doubles at Canyon Lake Senior Center. Round Robin tournament format.

Tennis: Singles, Doubles, & Mixed Doubles Round Robin tournament format.

Track & Field: Will be a rolling schedule at Sioux Park Track Complex

Volleyball: Team 6 on 6 volleyball to be played at Canyon Lake Senior Center. Tournament format to be determined by the number of teams.

WII Bowling: Singles only 3 games at Minneluzahan Senior Center

Schedule Changes & Updates

Any changes or adjustments in schedule, location or event will be posted at the following facilities:

Rapid City Parks & Recreation Office
Roosevelt Park Swim Center
Canyon Lake Senior Center
Minneluzahan Senior Center

Any questions call 605-394-4168

BLACK HILLS SENIOR GAMES ♦ JULY 19 - 22, 2017

EVENT ENTRY FORM

JULY 19- JULY 21

GOLF: Requires Additional Fees (Scores Due 7/21 by 5pm)

- 9 Holes at Executive GC
- 18 Holes at Meadowbrook GC

WEDNESDAY, JULY 19

CYCLING: 8:30 am Start/Finish Location Sioux Park Pavillion

- 1 mile
- 5 miles

BASKETBALL: 9-11 am @ West Community Gym

- Field Goals
- Free Throws

JUMPING ROPE: 9-11 am @ West Community Gym

- 1 minute
- 3 minutes

BEAN BAG TOSS: 9-11 am @ West Community Gym

- 50 throws

WII BOWLING: 1 pm @ Minneluzahan Sr. Center

- Singles

BADMINTON: 2 pm @ Canyon Lake Sr. Center

- Singles
- Doubles Partner: _____
- Mixed Dbls Partner: _____

TENNIS: 4 pm @ Sioux Park Tennis Complex

- Singles
- Doubles Partner: _____
- Mixed Dbls Partner: _____

THURSDAY, JULY 20

HORSESHOES: 8-10 am @ Sioux Park Pits

- 50 throws

8-BALL POOL: 9 am @ Canyon Lake Sr. Center

- Men's Singles Double Elimination
- Women's Singles Double Elimination

SHUFFLEBOARD: 9 am @ Minneluzahan Sr. Center

- Singles
- Doubles Partner: _____
- Mixed Dbls Partner: _____

BOWLING: 1-7 pm @ Meadowood Lanes

Requires additional Fees

- Singles
- Doubles Partner: _____
- Mixed Dbls Partner: _____

PICKLE BALL: 1 pm @ Canyon Lake Sr. Center

- Singles
- Doubles Partner: _____
- Mixed Dbls Partner: _____

RAQUETBALL: 6 pm @ Roosevelt Park Swim Center

- Singles
- Doubles Partner: _____
- Mixed Dbls Partner: _____

FRIDAY, JULY 21

SWIMMING: @ Roosevelt Park Swim Center

Session I - 9 am Warm-up; 9:30 am Start

Session II - 5:30 pm Warm-up 6 pm Start

Check-in 15 Minutes prior to start for the following:

- | | |
|--|---|
| <input type="checkbox"/> 50 Yard Freestyle | <input type="checkbox"/> 50 Yard Breaststroke |
| <input type="checkbox"/> 100 Yard Breaststroke | <input type="checkbox"/> 100 Yard Backstroke |
| <input type="checkbox"/> 200 Yard Backstroke | <input type="checkbox"/> 200 Yard Freestyle |
| 10 Minute Break if Needed | 10 Minute Break if Needed |
| <input type="checkbox"/> 50 Yard Backstroke | <input type="checkbox"/> 50 Yard Butterfly |
| <input type="checkbox"/> 100 Yard Freestyle | <input type="checkbox"/> 100 Yard Ind. Medley |
| <input type="checkbox"/> 200 Yard Breaststroke | 15 Minute Break If Needed |
| 10 Minute Break if Needed | <input type="checkbox"/> 500 Yard Freestyle |

VOLLEYBALL: 1:30 pm @ Canyon Lake Sr. Center

- Team Name: _____

TABLE TENNIS: 3:30 pm @ Canyon Lake Sr. Center

- Singles
- Doubles Partner: _____
- Mixed Dbls Partner: _____

SATURDAY, JULY 22

5K RUN/WALK: 7 am @ Sioux Park Pavillion

- Run
- Walk

SPIN CASTING: 8 am @ Sioux Park Track Infield

- Three Casts

TRACK & FIELD EVENTS: 8 am @ Sioux Park Track

Track Events take priority over Field Events and will follow a rolling schedule:

- | | |
|---|---|
| <input type="checkbox"/> 1500 M Run | <input type="checkbox"/> Discus |
| <input type="checkbox"/> 50 M Dash | <input type="checkbox"/> Shot Put |
| <input type="checkbox"/> 400 M Run | <input type="checkbox"/> Softball Throw |
| <input type="checkbox"/> 1500 M Race Walk | <input type="checkbox"/> Standing LJ |
| <input type="checkbox"/> 100 M Dash | <input type="checkbox"/> Running LJ |
| <input type="checkbox"/> 800 M Run | <input type="checkbox"/> High Jump |
| <input type="checkbox"/> 800 M Race Walk | |
| <input type="checkbox"/> 200 M Run | |
| <input type="checkbox"/> 400 M Race Walk | |

DANCING CLINIC: 9:30 - 11:30 am @ Canyon Lake SC

- Attending

CARD GAMES

@ Minneluzahan Sr. Center:

Wednesday: 10 Point Pitch @ 9 am Pinochle @ 1 pm

Thursday: Mahjong @ 9 am Hand & Foot @ 1 pm

Friday: Whist @ 9 am Cribbage @ 1 pm

@ Canyon Lake Sr. Center

Wednesday: Omaha Poker @ 5 pm

Thursday: Hand & Foot @ 9 am

Friday: Texas Hold`Em @ 5 pm

BLACK HILLS SENIOR GAMES ♦ JULY 19 - 22, 2017

PARTICIPANT INFORMATION FORM ♦ PLEASE FILL OUT BOTH SIDES.

RETURN REGISTRATION BY THURSDAY, JUNE 29

Name _____ Male Female
(Last) (First) (MI)

Address _____ Home Phone _____

City _____ State _____ Zip _____ Alt. Phone _____

Email Address (in all caps) _____

Age Category (Age as of 9/1/2017) 50-54 55-59 60-64 65-69 70-74 75-79 80-84

Date of Birth ____/____/____ 85-89 90-94 95-99 100+

\$ _____ **Entry Fee \$5 enclosed:** Includes all events and Thursday evening picnic. I will be attending the picnic

\$ _____ **Additional Picnic Meal:** \$5 each (for a non-registered individual)

\$ _____ **T-shirt:** \$10 each Size: ____ S ____ M ____ L ____ XL ____ XXL

\$ _____ **Banquet Tickets:** \$10 each Saturday, July 22nd from 4 - 6 pm at Canyon Lake Senior Center.

\$ _____ **Total Fees** (Please read and sign the waiver and select your events on the next page.)

WAIVER & HOLD HARMLESS AGREEMENT

CITY OF RAPID CITY RELEASE AGREEMENT FOR ALL PARTICIPANTS: IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE OR USE ANY CITY FACILITY IN CONNECTION WITH THIS ACTIVITY, THE UNDERSIGNED AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND CONVENANTS NOT TO SUE THE CITY OF RAPID CITY, ITS EMPLOYEES, OFFICES AND AGENTS (hereinafter referred to as "releasees") from all liability to the undersigned, his or her personal representatives, assigns, heirs, and next of kin for any loss, damage, or claim therefore on account of injury to the person or property of the undersigned, whether caused by any negligent act or omission of the releasees or otherwise while the undersigned is participating in a City recreation activity or using any City facilities in connection with the activity.

2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY, DEFEND AND HOLD HARMLESS from all liability, claims, demands, causes of action, charges, expenses, and attorney fees (including attorney fees to establish the releasees right to indemnity or incurred on appeal) resulting from involvement in this activity whether caused by negligent act or omission of the releasees or otherwise.

3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE while upon City property or participating in the activity or using any City facilities and equipment whether caused by any negligent act or omission of releasees or otherwise. The undersigned expressly agrees that the foregoing release and waiver, indemnity agreement and assumption of risk are intended to be as broad and inclusive as permitted by South Dakota law and that if any portion thereof be held invalid, notwithstanding, the balance shall continue in full legal force and effect.

I ACKNOWLEDGE THAT I HAVE READ THE FOREGOING and that I am aware of the legal consequences of this agreement, including that it prevents me from suing the City or its employees, agents, or officers if I am injured or damaged for any reason as a result of participation in this activity. I further acknowledge that no oral representations, statements or inducements have been made.

Individual over 18 yrs of age (print) _____

Signature _____ Date _____

RETURN YOUR FORMS TO:

RC Parks & Recreation Office
515 West Blvd. Rapid City, SD 57701
(M-F 7:30am - 4:00pm)

Roosevelt Park Swim Center
125 Waterloo St. Rapid City, SD 57701
(M-F 5:30am - 9pm; Sat 8am-8pm; Sun 1-8 pm)

FOR MORE INFORMATION:

Visit www.rcparksandrec.org or call the
Parks & Rec Office at 605-394-4168 or
Roosevelt Park Swim Center at 605-394-5223

DEADLINE:

Registrations are due by:
THURSDAY, JUNE 29, 2017

Make Checks Payable to: City of Rapid City

BROUGHT TO YOU BY:



PARKS & REC
RAPID CITY

**PLEASE COMPLETE
BOTH SIDES
OF THIS FORM!!**