Summer Blast Day Camp

This all day camp is a fun-filled week for ages 5 through 12 years old. Each week offers field trips, arts and crafts, sports, team building activities, and much... much...more. This camp is designed to encourage new friendships and provide opportunities for campers to gain new experiences, under the care of trained recreation staff. We have a ratio of 6 kids per counselor so that the kids are watched and taken care of.

Participants will meet Monday through Friday from 8:00am to 5:00pm at the Roosevelt Ice Arena, 235 Waterloo St, with a sack lunch, water bottle and appropriate attire for that day's activities. Children may be dropped off no earlier than 7:45am and picked up no later than 5:15pm. Maximum enrollment each week is 40 participants. Cost for the program is $150 per participant each week. This camp fills fast so sign up as soon as you can!!!

Morning activities will occur throughout the week and will include Arts/Crafts, Team Building Exercises, Gym Games, Fitness Fun, Board Games, Tie-Dye Fun, and much more. Afternoon activities will include swimming, area attractions, movies, outdoor campus, horseback riding and many more fun activities.
WEEK #1  May 29 - June 2
Monday - Swimming and a Movie
Tuesday - Ultimate Outing (Putz-N-Glo, Miner's Maze, and Finders Keepers)
Wednesday - Swimming at one of the outdoor pools
Thursday - Mammoth Site & Evans Plunge
Friday - Jump Craze & Movie/Game Day

WEEK #2  June 5 - June 9
Monday - Swimming and a Movie
Tuesday - Animal Adventures (Bear Country & Reptile Gardens) & Ice Skating
Wednesday - Swimming at one of the outdoor pools
Thursday - Spearfish Aquatics Center
Friday - Rockin It at Rockin R Rides (Horseback Riding)

WEEK #3  June 12 - June 16
Monday - Swimming and a Movie
Tuesday - Big Thunder Gold Mine
Wednesday - Swimming at one of the outdoor pools
Thursday - Flags & Wheels & Dinosaur Museum
Friday - Cedar Canyon Camp (High Ropes and Paint Ball)

WEEK #4  June 19 - June 23
Monday - Swimming and a Movie
Tuesday - Rushmore Cave (Cave Tour, Zip Line and 7D Gunslinger)
Wednesday - Swimming at one of the outdoor pools
Thursday - Watiki Water Park
Friday - Jump Craze & Movie/Game Day

WEEK #5  June 26 – June 30
Monday - Swimming and a Movie
Tuesday - Ultimate Outing (Putz-N-Glo, Miner's Maze, and Finders Keepers)
Wednesday - Swimming at one of the outdoor pools
Thursday - Mammoth Site/Evans Plunge
Friday - Jump Craze and Movie/Game Day

WEEK #6  July 10 – July 14
Monday - Swimming and a Movie
Tuesday - Animal Adventures (Bear Country & Reptile Gardens) and Ice Skating
Wednesday - Swimming at one of the outdoor pools
Thursday - Spearfish Aquatics Center
Friday - Rockin It at Rockin R Rides (Horseback Riding)

WEEK #7  July 17 – July 21
Monday - Swimming and a Movie
Tuesday - Big Thunder Gold Mine
Wednesday - Swimming at one of the outdoor pools
Thursday - Flags & Wheels and Dinosaur Museum
Friday - Cedar Canyon Camp (High Ropes and Paint Ball)

WEEK #8  July 24 – July 28
Monday - Swimming and a Movie
Tuesday - Rushmore Cave (Cave Tour, Zip Line, and 7D Gunslinger)
Wednesday - Swimming at one of the outdoor pools
Thursday - Watiki Water Park
Friday - Jump Craze and Movie/Game Day
Youth Sports Camps  
Grades 2-8  
$40 per Camp

These Sport Camps are designed to build confidence, character, and athletic skills for all levels basic through advanced. Certified coaches and players will help build your skills and enthusiasm for the sport.

**Boys Basketball Camp**  $40  
RC Stevens Basketball Coach, Chris Stoebner

Join the Stevens High School Basketball coaches and players at the West Community Gym. This Camp focuses on all-around basketball skills, including personal and team instruction as well as development for children of all skill levels. Aside from being just a basketball summer camp, participants are exposed to a wide variety of activities in a traditional basketball camp setting.

June 12-15  
9:30-11:00 am  
Mon - Thur  
West Com. Gym

July 10-13  
9:30-11:00 am  
Mon - Thur  
West Com. Gym

Aug 14-17  
9:30-11:00 am  
Mon - Thur  
West Com. Gym

**Girls Basketball Camp**  $40  
RC Central Girls Basketball Coach, Kraig Bloome

Join Coach Bloome and staff for 3 days of basketball instruction. The primary focus of this camp is to improve each player's individual basketball skills. You can expect a great balance of skill development, competition and fun. The camp setting will be energetic and informative for beginners and experienced players.

Jun 19-21  
10:00 am-11:30 am  
Mon - Wed  
Central HS Gym

**Volleyball Camp**  $40  
RC Central Volleyball Coach Deanne Deming

Join the Rapid City Central High School coaches and players at Central HS Gym. Each camper will be supported and challenged by the coaches to learn new skills and improve existing ones through drills, competition and instruction. We offer progressive training techniques for all skill levels, position specific training, and personal feedback. We will focus on correct mechanics with serving, passing, hitting, and defense. Other skills will also be taught.

July 10-12  
3:00-4:30pm  
Mon-Wed  
RC Central HS Gym

**Tennis Camp**  $40  
RC Stevens Tennis Coach Jason Olson

Join the Rapid City Stevens High School coaches and players at the Sioux Park Tennis Courts where FUN is a priority as participants “play to learn,” developing skills through a positive learning experience and with a sense of accomplishment. Certified professionals provide a great learning environment for the developmental learning stages. Players will focus on movement, balance, swing motions, making contact, grips and stroke development.

Jun 5-8  
9:30 -11:00 am  
Mon-Thu  
Sioux Park Tennis Courts

July 17-20  
9:30 -11:00 am  
Mon-Thu  
Sioux Park Tennis Courts

Aug 7-10  
9:30 - 11:00 am  
Mon-Thu  
Sioux Park Tennis Courts
**Summer Sand Volleyball**

Come work on your tan and play in the sand. We offer leagues for all Divisions. This is a six week league followed by an end of the season tournament. All games are played at the Sand Volleyball Court at Founders Park.

Games will begin the week of June 5th. Registration deadline is May 31st.
$100.00 per team
$50.00 per team for 2 v 2

**Divisions:**
- Monday Night: Coed 4 v 4, Coed 2 v 2
- Tuesday Night: Coed Upper & Lower B
- Wednesday: Women’s Lower B
- Women’s Upper B
- Thursday: Coed A
- Coed Upper B
- Coed Lower B

**Summer Indoor Volleyball**

Don't want to play in the sand then this is the league for you! This is a six week league followed by an end of the season tournament. All games are played at the South Community Gym. Games begin Wednesday, June 7th.

Registration deadline is May 31st.
$135.00 per Team.

**Divisions:**
- Wednesday Night: Women’s A
- Women’s Upper B
- Women’s Lower B

**Youth Flag Football**

(1st & 2nd Grade & 3rd & 4th Grade)

Staff recommends signing up for this program early as it fills fast. Space is limited.

This non-contact flag football league is for children in the 1st through 4th grades during the 2017-2018 school year. Youth Flag Football teaches players basic football skills while promoting teamwork and sportsmanship. Players will gain valuable football experience in a fun, non-contact setting. Mouthpiece recommended; all other equipment provided.

Volunteer Coaches are needed and we will waive your registration fee if you are willing to coach. You will be informed of your team and schedule on the first night when you will meet your coach and get schedules for the season.

A MANDATORY meeting with your coach will be held at the Omaha St. Soccer Fields across from Founders Park. The meeting will be held on Monday, September 11th at 5:30pm for all 1st and 2nd graders and 6:30pm for all 3rd and 4th graders.

Games will start Monday, September 18th and Tuesday, September 19th and be held at the Omaha St. Soccer Fields. All games will be on Monday or Tuesday nights.

Please contact Matt Brandhagen if you are interested in coaching: matt.brandhagen@rcgov.org or cell (605)415-0226 work (605)394-5223

Registration deadline is September 4th. Registration fee is $50.00 which includes a jersey.

You can register online at www.rcparksandrec.org or stop by these two locations:
- Swim Center: 125 Waterloo Street
- Parks and Rec Office: 515 West Blvd.

**Rapid City Hike Club**

“Get your Tail on the Trail!” Our goal is to provide an enjoyable experience for our members and their guests.

Hikes will be scheduled every Thursday beginning May 11, weather permitting, at a trail within or near Rapid City (HLMP, Skyline, Buzzards Roost or Little Elk Creek). These trips will be 1-2 hours in length, start at 5:30 pm, moderate in level and open to all ages. Lengthier hikes will be scheduled on Sunday mornings starting at 9 am beginning on May 7. All hikes will meet at the designated trailhead. Trail fees, park passes and transportation costs are the responsibility of the hiker. The membership fee is $5 for the 2017 hiking year and will assist with covering the cost of guides. Membership will include emails to keep you informed on activities throughout the year.

**Adult Flag Football League**

The Rapid City Recreation Division is offering its Non-Contact Flag Football League at Omaha St. Soccer Fields.

This is a six week league followed by an end of the season tournament. Games will begin the week of Aug 16th.

Registration deadline is Aug 9th.
$335.00 per team

**Divisions:**
- Wednesday Night: Men’s B
- Men’s C
- Thursday Night: Men’s C