Save the Date!

SWIM LESSON REGISTRATION BEGINS MAY 6TH

2017 SUMMER PROGRAM GUIDE

Rapid City Parks and Recreation

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Tennis Programs 10
The Parks and Recreation Advisory Board meets the second Thursday of each month in the Board Room at the Parks and Recreation Office, 515 West Boulevard. Agendas for the current meeting, as well as minutes of past meetings, can be found on our web page at www.rcparksandrec.org. For information and questions please call 394-4175.

Mission Statement:
The mission of the Rapid City Parks and Recreation Department is to make Rapid City a better place to live, work and play.

Purpose:
To provide and maintain parks and open space throughout the community as well as a wide range of recreation facilities and opportunities for citizens of all ages.

PARKS AND RECREATION DEPARTMENT

Jeff Biegler, Director .......................... 394-5225
Scott Anderson, Parks Division Manager ........ 394-4175
Doug Lowe, Recreation Division Manager ........ 394-4168
Alex DeSmidt, Landscape Architect ............ 394-5225
Kristy Lintz, Recreation Specialist ............ 394-4175
Jeri Taton, Administrative Coordinator ........ 394-5225
Amy Graves, Administrative Secretary ........ 394-4175

AQUATICS DIVISION

Barb Iwan, Aquatics Specialist .................. 394-5223
Emily Carstensen, Aquatics Specialist .......... 394-5223
Nick Outka, Aquatics Coordinator ............ 394-5223
Cliff Zechiel, Recreation Maint. Chief ........ 394-5223
Karen Johnson, Administrative Secretary ...... 394-5223

RECREATION DIVISION

Matt Brandhagen, Recreation Specialist ........ 394-5223
Jeff Richardt, Recreation Specialist .......... 394-4175

ICE ARENA

Erin Holmes, Recreation Specialist ............ 394-6161

GOLF DIVISION

Matt Kimball, Golf Professional ................ 394-4191
JJ Walraven, Golf Course Superintendent ...... 394-4199
Lori Templeton, Administrative Secretary ...... 394-4191

PARKS DIVISION

Aaron Weeks, Maintenance Supervisor .......... 394-4175
Andy Bernard, Urban Forester .............. 394-4175
Craig Nichols, Cemetery Supervisor .......... 394-4189

DISCLAIMER
Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors. Please visit www.rcparksandrec.org for updated information.

This is a “non-school” material that is neither endorsed nor necessarily reflective of the views of Rapid City Area Schools.
Hot Shots Youth Dance Camp

August 7 & 14, 2017 (Girls)
August 8 & 15, 2017 (Boys)

This Dance Camp is for ages 4 and up. Camp kids will learn a fun dance routine and perform at the Central States Fair.

Cost: $40 per person; Registration Deadline: August 4, 2017

Rapid City Swim Center
125 Waterloo Street

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Monday Time</th>
<th>Tuesday Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>4-5 Year Olds</td>
<td>4:00 - 4:45 pm</td>
<td>3:00 - 4:00 pm</td>
</tr>
<tr>
<td>6-7 Year Olds</td>
<td>6:30 - 7:30 pm</td>
<td>9 and over</td>
</tr>
<tr>
<td>8-9 Year Olds</td>
<td>7:30 - 8:30 pm</td>
<td>4:00 - 5:00 pm</td>
</tr>
<tr>
<td>Ages 10 and Over</td>
<td>3:00 - 4:00 pm</td>
<td></td>
</tr>
</tbody>
</table>

Camp Performance: Central States Fair
August 19, 2017 at 1:00 pm

Send payment and registration to:
Hot Shots, PO Box 7521, Rapid City, SD 57709
Debbie Ellerton (605) 484-1054
dellerton@rushmore.com - www.heartlanddancing.com

Join a GREAT Team!
We’ll show you how GREAT Swimming is done!
Like us on Facebook!

www.greatswimming.org ~ 605.484.3264
Golf Courses

The Executive Golf Course
210 Founders Park Drive
Rapid City, SD  57701
(605) 394-4124

Doug Lowe, Recreation Div. Manager
Jeff Richardt, Recreation Specialist

The Executive Golf Course Rates
18-Holes Mon-Sun $ 17
9-Holes Mon-Sun $ 10
9-Holes Junior $ 6
All Day Play $ 20

10-9 Hole Punch Card $ 80
25-9 Hole Punch Card $180

Adult Single Pass $300
Adult Couples Pass $410
Senior Single Pass $250
Senior Couples Pass $350
Young Adult (Ages 18-25) $135
Youth Season Pass (17 & under) $ 55

Meadowbrook Golf Course Rates
Season Passes: **
Adult Single $ 778
Adult Couple $1,246
Senior Single (62+) $ 697
Senior Couple (62+) $1,084
Young Adult (18-25) $ 300
Youth (17 & under) $ 236
Corporate * (4 single passes) $2,344

* Must be paid by company check or credit card.

Development Fees:
The development fee is included in all daily fees. Season pass holders pay a development fee for each round played.

18 Hole Development Fee $ 2
9 Hole Development Fee $ 1

Daily Fees:
18 Holes $ 46
18 Holes, Jr/Sr (17 & under/62+) $ 42
9 Holes $ 30
9 Holes Jr/Sr (17 & under/62+) $ 28

Punch Cards
9 Hole Punch Card (10 Rounds) $ 193
9 Hole Punch Card (25 Rounds) $ 454

Range, Carts & Lockers:
Small Range (40 balls) $ 5
Large Range (80 balls) $ 8
18 Hole 1/2 Cart $ 17
9 Hole 1/2 Cart $ 11
Daily Trail Fee $ 18
Annual Trail Fee $ 244
Annual 1/2 Cart Rental $ 375
10-9 Hole Cart Rental Punch Pass $ 80
25-9 Hole Cart Rental Punch Pass $ 173
Annual Cart Storage, Electric $ 453
Annual Cart Storage, Gas $ 390
Annual Locker Rental $ 60

**Sales tax will be charged when purchasing a golf pass.

2017 Merchant Golf League at Executive Golf Course
Trade in the Office for some fresh air and green grass at The Executive Golf Course. Find a partner and sign up for the Recreation Division’s Merchant Golf League. This is an eight week league and will include three weeks of tournament play. Teams consist of two players, with a third as a substitute. Various formats and weekly pin prizes will be used to keep things interesting and competitive. Tee times for the Executive League will begin at 5:30 PM.

Registration forms are available at the Executive Club House, the Parks and Recreation Office, or you can print one from the website (www.rcparksandrec.org). Registration deadline is May 31st.

June 5th - Aug 28th  Mondays 5:30 pm $185 per team

Meadowbrook Golfers’ Association
The Meadowbrook Golfer’s Association is open to all male and female golfers ages 18 and older. In 2017 the Association will hold 10 tournaments for its members.

Annual dues of $30 include a USGA handicap and grants each member eligibility to enter the Golfers’ Association events. The events typically have a $25 entry fee paid at the tournament check-in with 100% of all tournament fees paid out in the form of golf shop merchandise credit. Please stop in at the golf shop to join this fun association anytime!
Golf Course Policies
2017 season passes are for Meadowbrook Golf Course only. Meadowbrook season pass holders may purchase an Executive pass at a discounted rate of $50.

2017 annual cart rentals are for Meadowbrook Golf Course only. Meadowbrook annual cart renters may purchase an Executive cart pass at a discounted rate of $50.

Monday Men’s League
9 hole net match play using current USGA handicaps. USGA Handicap required. League standings will be kept based on total points accumulated throughout the season. June 5th starts the league off with a kickoff scramble. Scheduled league matches begin June 12th, 6:00 pm shotgun start each Monday evening. Fee is $100 per player + weekly green fee with a 100% payout. Entry fee includes daily games as well as final point standings. League will be limited to the first 48 paid players. Registrations will be taken at the golf shop through June 5th.

Tuesday Ladies’ Night
The 2017 season is May 30 – August 29 with a shotgun start at 5:30pm. You are welcome to participate anytime during the season. All skill levels are welcome with no handicap required. Just come have FUN! Games will be two person scramble with flag and game prizes. Please sign up in the golf shop weekly (by noon on Tuesdays).

Friday Couples’ Night
The 2017 season is June 2 – August 25, with a shotgun start at 5:30 pm. Sign up in the golf shop weekly (by noon on Fridays). All skill levels are welcome with no handicap required. You are welcome to participate anytime during the season. Two person scramble games with flag and game prizes.

Thursday Bring a Child to Golf Night
Thursdays, 1:00 pm – close. Bring a child to golf for $10 per person, includes 9 holes golf with cart. Come check out our Family Friendly Purple Tees – shorter course!!

Group Golf Lessons
Group golf lessons are available for all who would like to learn the basics of golf. Please contact Meadowbrook Golf Shop for information at 605-394-4191, ext. 2.

Golf Association 2017 Event Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 22</td>
<td>4 Person Scramble</td>
</tr>
<tr>
<td>May 6</td>
<td>4 Person Best Ball</td>
</tr>
<tr>
<td>May 20</td>
<td>1 Person Scramble</td>
</tr>
<tr>
<td>June 1</td>
<td>Match Play Begins</td>
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<tr>
<td>June 17</td>
<td>Ultimate 2 Person</td>
</tr>
<tr>
<td>July 6</td>
<td>Ladies on the Links</td>
</tr>
<tr>
<td>July 15</td>
<td>4 Person Chicago Pts</td>
</tr>
<tr>
<td>August 19</td>
<td>2 Person Best Ball</td>
</tr>
<tr>
<td>September 2</td>
<td>2 Person Scramble</td>
</tr>
<tr>
<td>September 16-17</td>
<td>Club Championship</td>
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</tbody>
</table>

Contact Meadowbrook Golf Course for tournament format and details.

For more information on all the events happening at Meadowbrook Golf Course go to www.golfatmeadowbrook.com

2017 Junior Golf Camp
This golf instruction workshop is for kids ages 6-17. Have FUN learning the game of golf! Golf clubs will be provided for kids that need them. The affordable Meadowbrook Junior Golf Camp gives kids the opportunity to learn fundamentals of the golf swing, golf etiquette, golf vocabulary & basic rules. For more information visit http://www.golfatmeadowbrook.com/junior-golf/junior-golf-camp.

The camp fee includes a Youth Season Pass ($250 value), golf instruction, camp T-shirt, daily prizes and a pizza party. Instruction will be at Meadowbrook Golf Course.

June 6 - June 29 T/Th $125

Private Golf Lessons
Private lessons are available with Golf Professional Matt Kimball or Assistant Golf Professional Brady Foreman. Call 394-4191, ext. 2, to schedule a lesson.
Roosevelt Ice Arena

235 Waterloo Street
Rapid City, SD 57701
(605) 394-6161
(605) 394-1879 FAX

Find us on Facebook under “Roosevelt Park Ice Arena”

Doug Lowe, Recreation Division Manager
Erin Holmes, Rec. Program Specialist
Sam Ormesher, Learn to Skate Supervisor
Eric Umbach, Hockey Supervisor

Roosevelt Ice Arena Rates

- Daily Admission (Youth & Adult) $6
- Senior Daily Admission (62+) $5
- Skate Rental $3
- Group Rate $5
- 10-Punch Pass Admission $47

Pro Shop Services
- Skate Sharpening
  - Regular Service $5
  - Same Day Service $7
  - 10 punch next day service card $40
  - 10 punch same day service card $56

Inquire about skate repair and maintenance services. The Roosevelt Park Ice Arena carries laces, sock/stick tape & hockey wax.

Public Skate Hours

Public Skate Hours
Through May 31, 2017

- Tuesday 1:30 - 3:30 pm
- Thursday 1:30 - 3:30 pm
- Friday 11:30 - 3:30 pm
- Saturday 1:30 - 3:30 pm

All times are subject to change based on summer ice rentals.

Public Skate Hours
June 1 - August 31, 2017*

- Monday 1:30 - 3:30 pm
- Tuesday/Thursday 1:30 - 3:30 pm
- Friday 6:15 - 8:30 pm
- Saturday 1:00 - 3:30 pm

All times are subject to change based on summer ice rentals. Please call ahead for current information.

* Roosevelt Ice Arena will be closed July 16-30 for annual maintenance.

** The City of Rapid City and the Roosevelt Park Ice Arena reserve the right to make changes to these times and costs as necessary. Special events may cause cancellation of Public Skate sessions at any given time. **
Birthday Party Packages

You bring the food and cake and we’ll supply the rest!

The Roosevelt Ice Arena’s birthday party package ensures a fun-filled day for the kids and a stress-free experience for parents. To reserve your ice skating birthday party, call the Roosevelt Park Ice Arena at 394-6161 in advance (availability is limited). Birthday parties may be booked during any regularly scheduled public skating session.

**Package Fee - $90**
- Includes admission and skates for 8 people
- 2 pitchers of soda
- Table in the mezzanine area
- Each additional skater is $8.00

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**Learn to Skate USA**

The Roosevelt Park Ice Arena is proud to deliver quality skating programs through Learn to Skate USA. These programs provide:

- A goal-oriented program that provides incentive and encouragement to keep skaters motivated.
- A personalized approach that allows skaters to progress at their own rate and advance after skill mastery is demonstrated.
- A curriculum that offers something for everyone—from first steps on the ice to mastering advanced techniques.

- Solid skill development based upon the ABCs of basic athleticism—agility, balance, coordination and speed.
- A progressive system that upon completion of the program, allows skaters to confidently advance to more specialized areas of skating.
- Access to continued education and resources for parents of young skaters to assist with making the appropriate decisions along the way.
- Nationally certified Learn to Skate USA instructors, assistants and volunteers.

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**Snowplow Sam 1-4**

Snowplow Sam levels are for children ages 4 & 5. These classes are designed to develop preliminary coordination and strength necessary to maneuver on the ice independently. Skills include proper falling and getting up techniques as well as balance, marching and gliding maneuvers. Skills in Snowplow Sam classes are taught primarily through fun and games. Bike helmets and gloves are recommended. Classes are 35 minutes long with 5 minutes of off-ice warm up every class.

Snowplow Sam 1-4 $50
Monday: 6:15-6:50

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**Basic Skills 1-6**

There are 6 levels of “Basic Skills” that help students master the fundamentals of the sport. Students must be 6 years old to participate. Basic 1, 2 & 3 levels are designed for learning balance, stroking and edge control. Basic 4 & 5 focus on forward/ backward crossovers and 3 turns. Basic 6 teaches more advanced turns and edges. Students progress through these levels at different rates, and some levels may require repetition and extra practice time at Learn to Skate Drop In to master necessary skills fully. Bike helmets and gloves are recommended. Levels may be combined due to enrollment.

Basic 1-6 $65
Monday: 6:15-7:00

All classes will be held Monday evenings beginning at 6:15 pm. Summer session begins June 5 and ends July 10th.

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**Roosevelt Park Ice Arena**

“The Coolest Place in Town!”
**Youth Drop-In Hockey**
Full gear required. Cost is $6 per time or purchase a 10 punch card for $50.
Ages 17 & younger only.
Please pick up a calendar at the rink for current times.

**Adult Drop-In Hockey**
Full gear required. $8 per time
Or purchase a 10 punch card for $64.
Ages 18 & older only.
Please pick up a calendar at the rink for current times.

**Roosevelt Park Ice Arena**
**Hockey for All Ages!!**

**Hockey Mentor Program**
BEGINs June 3 $6 per session
Saturdays 11:15 am-12:30 pm

Parents, coaches or other adults (must be 18+) significant to individual youth will be allowed to be on-ice with their skater(s) to practice hockey skills. This time has been set aside for adults (mentors) to work with youth (mentees) to help with skills, give lessons, or just have fun together. Each mentor will be required to sign in before the ice time at the front desk, sign a waiver and list the mentee(s) he/she will be directly responsible for on the ice and in the locker rooms.

NO YOUTH OR ADULTS WILL BE ALLOWED ON THE ICE WITHOUT BEING ASSIGNED A MENTOR OR MENTEE.

The On-Ice Monitor (a rink staff member) is prohibited from acting as a mentor if they are scheduled as the Ice Monitor. The price for mentors and mentees will be $6 each. **Full hockey gear will be required for all youth. Mentors are required to wear a helmet, but do not have to wear full gear.**

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**Boys & Girls Lacrosse Camp**

May 30-31 & June 1
2pm -5pm

$100 per player
Players will receive a stick, ball, T-shirt, snacks and 3 days of Lacrosse Fun!

go to www.blackhillslacrosse.com for more details and sign up.
**Black Hills Fat Tire Festival**  
June 16-18, 2017

The Black Hills Fat Tire Festival is an annual celebration of single track trail through mountain biking. Come race, ride or run and enjoy what the trails in Rapid City and the Black Hills have to offer. Headquarters will be located at Founders Park off Omaha Street as we continue to grow our vendor area.

BRING THE KIDS!  
Middle School and High School categories in the King/Queen of the Hill Race have been added. The Strider Adventure Zone, Strider Rider Group Ride, 12 & Under Cross Country Race and annual Family Fun Ride along the bike path are all scheduled for families to get involved.

For a complete schedule of events, visit www.bhfattirefestival.com and follow us on Facebook and Twitter for updates.

Register online at www.rcparksandrec.org or call 394-4168 for information.

**Open for Play!**

**My City Bikes–Life is a Cycle Event**  
May 6

Come be a part of this national group bike ride for everybody on Saturday, May 6th. The route will be approximately 7 miles using bike lanes and the bike path of Rapid City. This event is brought to you by My City Bikes and The City of Rapid City. Cost is $1.50 for early registration and $5.00 on the day of the event. Proceeds benefit the American Heart Association. Register at Lifeisacycle.bike

**National Bike to Work Week**  
May 15-21.

**Bike for Bacon**  
National Bike to Work Day is May 19th. This annual free Commuter’s Breakfast will be served at Founders Park from 6-8 am. Give yourself a few extra minutes to stop by for some fuel to continue on your cycling commute to work, school, or if you are just being active.

**Alkali Mountain Bike Race**  
May 20

This trail will snake through the mountains towards Bear Butte and have various climbing, descending and single track trails that are some of the best in the Black Hills. The race will begin at 10 am across from the campground trailhead and will conclude there as well. This is approximately a 10 mile loop. Advanced riders will do a modified route to incorporate more mileage. 10 and under will have a separate course with free on site registration. The race is sponsored by the Rapid City Parks and Recreation Department, Black Hills Bike Events, Black Hills Mountain Bike Association and Youth and Family Services Boys Health Program.

Ages 11 & Up: $10  
Ages 10 & under: Free  
Alkali Campground, east of Sturgis, SD

Register online at www.rcparksandrec.org or call 394-4168 for information.

**National Bike to School Day**  
May 10

The Pedaler’s Prize is up for grabs. This roaming trophy will be awarded to the school with the most participants on National Bike to School Day scheduled for May 10th. It is our goal to inspire our youth and young adults to be active through cycling and encourage them to use cycling as a form of commuting. This trophy currently resides at Corral Drive Elementary School. For more information on how your school can participate contact Kristy Lintz at 394-4168 or kristy.lintz@rcgov.org.

**Rapid Run & Roll**  
June 24, 2017

Back for its third year, this family friendly and fun 5k/10k run and inline/roller skate returns to Rapid City. Skaters will start first at 8am; runners will start at 9am when all the skaters are done. After the run and skate, stick around for refreshments and the awards ceremony. Proceeds from this race benefit the Rapid City Parks & Recreation Special Olympic Young Athletes Program. Visit www.mangledmomentum.com/rapid-run-roll-5k for more information and to register.
Recreation Tennis Programs

Sioux Park Tennis Courts
900 Sheridan Lake Road
Rapid City, SD 57702
(605) 394-6965

Doug Lowe, Recreation Div. Manager
Jeff Richardt, Rec. Program Specialist
Jason Olson, Tennis Program Director

Tennis Leagues
Quick Start
Youth Tennis League (8 & Up)
Quick Start is for kids ages 8 and up who are just becoming ready to play matches and would like to learn the strategy of the game, how to keep score and how to play tournaments. There will be a free tournament at the end of each session!

Per Session $30
1:00-3:00 PM
Jun 5-30 Tues/Thurs Sioux Park
Jul 17-Aug 10 Tues/Thurs Sioux Park

Junior Tennis League (10 & Up)
JTL is for kids ages 10 and up who have the ability to play on full sized courts. There will be a free tournament at the end of each session!

Per Session $30
1:00 - 3:00 PM
Jun 5-30 Tues/Thurs Sioux Park
Jul 17-Aug 10 Tues/Thurs Sioux Park

Young Hitters (5,6 & 7 Years)
This program is designed for children 6 and 7 years old and some advanced 5 year olds. Advanced 6 and 7 year olds may request to move to Junior Lessons. “Young Hitters” tennis keeps learning fun while practicing games and drills. This is a great way to get your child interested in tennis! Equipment will be furnished. The Tennis Skills Competition is a fun and educational event that will be held at the end of every session.

11:00 - 11:50 AM Mon thru Fri $45
Location: Sioux Park
- Jun 5 - 16
- Jun 19 - 30
- July 17 - 28
- July 31-Aug 11

Junior & Adult
A series of group lessons will be held ten consecutive weekdays covering the fundamentals of basic strokes, scoring and positioning. All levels are welcome! We will make groups based on age and ability. Bring your own racquet or borrow one from the Tennis Pro Shop! Balls will be furnished.

Mon Thru Fri $47
Location: Sioux Park
6:00 - 6:50 am
7:00 - 7:50 am
8:00 - 8:50 am
9:00 - 9:50 am
10:00 - 10:50 am
11:00 - 11:50 am
- Jun 5 - 16
- Jun 19 - 30
- July 17 - 28
- July 31 - Aug 11

Toddler (2-3 Years)
This program is designed to be fun and introduce your youngsters to the sport of tennis. The very basics of the game will be the focal point of these lessons. No need to bring a racquet; all equipment will be provided for a fun tennis experience.

9:00 - 9:50 AM $40
Location: Sioux Park
Jun 5-16 Mon/Wed/Fri
Jun 6-16 Tue/Thur/Fri
Jun 19-30 Mon/Wed/Fri
Jun 20-30 Tue/Thur/Fri
Jul 17-28 Mon/Wed/Fri
Jul 18-28 Tue/Thur/Fri
Jul 31-Aug 11 Mon/Wed/Fri
Aug 1-11 Tue/Thur/Fri

Pee Wee (3, 4 & 5 Years)
This program is designed for children 4 and 5 years old and some advanced 3 year olds. “Pee Wee” tennis keeps learning fun while practicing games and drills. This a great way to get your child interested in tennis. Equipment will be provided.

10:00 - 10:50 AM $40
Location: Sioux Park
- Jun 5 - 16
- Jun 19 - 30
- July 17 - 28
- July 31 - Aug 11

Tennis Camps
Join the Rapid Stevens High School coaches and players along with Rapid City Rec Tennis Staff at the Sioux Park Tennis Courts where FUN is a priority! Participants “Play to Learn” while developing skills through a positive learning experience and with a sense of accomplishment. Certified professionals provide a great learning environment for the developmental learning stages. Players will focus on movement, balance, swing motions, making contact, grips, and stroke development. Players will also get the opportunity to play out points and learn how to play a match.

June 26-30 9:30 - 11 AM $40 Mon thru Thur
July 24-27 9:30 - 11 AM $40 Mon thru Thur
Aug 14 - 17 9:30 - 11 AM $40 Mon thru Thur

2017 Rapid City Summer Tournaments
Rapid City Summer Celebration - Juniors & Adults
June 11-12 (ID 550010416)

Common Cents Open - Juniors
June 24-26 (ID 550009216)

Black Hills Firecracker - Adults
July 1-3 (ID55002216)

Rapid City Open - Juniors & Adults
August 6-7 (ID550025616)

Register: http://tennislink.usta.com
Toddler (2-3 Years)
This program is designed to be fun and introduce your youngsters to the sport of tennis. The very basics of the game will be the focal point of these lessons. No need to bring a racquet; all equipment will be provided for a fun tennis experience.

9:00 - 9:50 AM $40
Location: Parkview
Jun 5-16  Mon/Wed/Fri
Jun 6-16  Tue/Thur/Fri
Jul 17-28  Mon/Wed/Fri
Jul 18-28  Tue/Thur/Fri

Young Hitters (5, 6 & 7 Years)
This program is designed for children 6 and 7 years old and some advanced 5 year olds. Advanced 6 and 7 year olds may request to move to Junior Lessons. “Young Hitters” tennis keeps learning fun while practicing games and drills. This is a great way to get your child interested in tennis! Equipment will be furnished. The Tennis Skills Competition is a fun and educational event that will be held at the end of every session.

11:00 - 11:50 AM Mon-Fri $45
Location: Parkview
- Jun 5 - 16
- July 17 - 28

Pee Wee (3, 4 & 5 Years)
This program is designed for children 4 and 5 years old and some advanced 3 year olds. “Pee Wee” tennis keeps learning fun while practicing games and drills. This is a great way to get your child interested in tennis. Equipment will be provided.

10:00 - 10:50 AM $40
Location: Parkview
Jun 5-16  Mon/Wed/Fri
Jun 6-16  Tue/Thur/Fri
Jul 17-28  Mon/Wed/Fri
Jul 18-28  Tue/Thur/Fri

Junior & Adult A series of group lessons will be held ten consecutive weekdays covering the fundamentals of basic strokes, scoring and positioning. All levels are welcome! We will make groups based on age and ability. Bring your own racquet or borrow one from the Tennis Pro Shop! Balls will be furnished.

Mon Thru Fri $47
Location: Parkview Tennis Courts
8:00 - 8:50 am
9:00 - 9:50 am
10:00 - 10:50 am
11:00 - 11:50 am
- Jun 5 - 16
- July 17 - 28

Smash & Splash at Sioux Park
Hit the tennis courts from 10-11 and then cool off in the Jimmy Hilton Pool with a SPLASH from 10-11:45. This program is open to ALL youth and ability levels. Children 5 and under must have a parent present at the pool. Come out and enjoy the fun! Sign up at the Recreation Office or at the Sioux Park Tennis Pro Shop.

9:00-11:45 AM Mon-Thur $40
Jun 26-29
Aug 7-10

Daycare/Business If you are interested in bringing a group of children or adults to learn the game of tennis, please call the Tennis Pro Shop at 394-6965 to set up a specialized program for your group.

Private, Semi-Private and Small Group Lessons Private and semi-private lessons are available for all ages. Please call the tennis courts for more information and scheduling. We will work around your schedule. Sign up for five or more lessons to receive a discount!

Private Lessons (1 person) $15/hour
Semi-Private or Small Group Lesson $25/lesson

Special Programs
USA Tennis - Free Tennis Lesson Join us at Sioux Park Tennis Courts for free tennis lessons. All ages and abilities are welcome
May 22 Sunday 4-5 PM FREE

Rapid City Recreation
Mini Sessions (6-18 years)
These camps are for kids ages 6 to 18 years who have little experience but would like to explore their talents. This is a great way to begin to learn about tennis before pursuing regular lessons. We will form groups based on age and ability levels.
Location: Sioux Park

Session 1 $30
May 30 - June 2  Tue thru Fri
8:00 - 9:00 am
9:00 - 10:00 am
10:00 - 11:00 am
11:00 - 12:00 Noon

Session 2 $30
Aug 14-18  Mon thru Fri
8:00 - 9:00 am
9:00 - 10:00 am
10:00 - 11:00 am
11:00 - 12:00 Noon

Tennis and a Movie (6-15 Years) Meet at Sioux Park Tennis Courts at 12:15 to take in a movie and play some tennis. Recreation staff will transport movie goers to the Elks Theatre for the 1:00 pm show. After the movie participants will return to the courts and play tennis until 4 pm. Space is limited to 20 participants on Mondays and 17 participants on Tuesdays. Movie tickets are included in the price. Jungle Packs are $2.50 if you want to send money for concessions.

Night Lessons Lessons are available for all levels Monday through Thursday evenings. Participants will be divided into age groups.
Location: Sioux Park

Young Hitters (Ages 5-8)
6:00-6:50 pm  Mon thru Thur $47

Juniors & Adults (Ages 9 & Up)
7:00-7:50 pm  Mon thru Thur $47

- June 5 - 15
- June 19 - 29
- July 17 - 27
- July 31 - Aug 10
Roosevelt Swim Center Hours of Operation
(Pools will close 15 minutes prior to the building.)

Swim Center Hours of Operation
- Monday-Friday: 5:30 am - 9:00 pm
- Saturday: 8:00 am - 8:00 pm
- Sunday: 1:00 pm - 8:00 pm

Swim Center Pool Schedule

Open Swim
- Monday-Thursday: 1:00 pm - 5:00 pm
- Monday & Wednesday: 6:30 pm - 8:45 pm
- Friday: 1:00 pm - 8:45 pm
- Saturday: 1:00 pm - 7:45 pm
- Sunday: 1:00 pm - 5:00 pm

Family Swim
- Tuesday & Thursday: 6:30 pm - 8:45 pm
- Sunday: 5:15 pm - 7:45 pm

Lap Swim
- Monday - Friday: 5:30 am - 8:45 pm
- Saturday: 8:00 am - 7:45 pm
- Sunday: 1:00 pm - 7:45 pm

Channel Walking
- Monday - Friday: 5:30 am - 1:00 pm
- Saturday: 8:00 am - 1:00 pm
- Sunday: 1:00 pm - 7:45 pm

Aquatic Facility Admission Rates

Daily Pass
- Adult/Youth: $6
- Senior (62+): $5
- Group Rate (30+): $5

20 Punch Pass
- Adult/Youth: $76
- Senior (62+): $58
- Family (4 passes): $192
- Additional Family Member: $33

Quarterly Pass**
- Adult: $92
- Adult Couple*: $140
- Senior (62+): $62
- Senior Couple*: $100
- Young Adult (18-25): $78
- Youth (3-17): $73
- Family Pass (4 passes): $200
- Additional Family Member: $33

Yearly Pass**
- Adult: $340
- Adult Couple*: $510
- Senior (62+): $238
- Senior Couple*: $350
- Youth (3-17 years): $259
- Young Adult (18-25 years): $282
- Family (4 passes): $612
- Additional Family Member: $62

*Couple - Defined as both customers married or producing information showing the same mailing address.

**Sales tax will be charged when purchasing a quarterly or annual pass.

Group Rate
- Group rate is available for groups of 30 or more and must have 1 week advance notice. Call the Roosevelt Swim Center to schedule your group with Emily Carstensen or Barb Iwan.

Private Pool Rentals
- Private rentals are scheduled through the Swim Center for all pool facilities. Rentals must be made 10 business days in advance. Outdoor pools may be rented from June 10 through August 13. Please call 394-5223 for more information.
**Swim Lesson Program**  
**Course Descriptions**  
(All Pools)

Registration for Summer Swim Lessons begins May 6, 2017. In-House registration will begin at 8:00 AM and online registration will be available at 12:00 Noon. Phone registrations will be accepted at 394-5223 beginning May 8th.

The Swim Lesson University format used by the City is explained below. Aquatics staff is available to answer questions if you do not find the description that matches your swimmer’s level. Your child will be placed in the best suited swim level according to the prerequisites. Classes may be combined based on enrollment numbers. Ask to be added to the wait list if the class is full. (Being added to a wait list does not guarantee placement in a class.)

**Parent & Me 101/102**  
Prerequisite: None  
Arranged by age into 2 classes  
- Parent & Me 101 - 6-18 months  
- Parent & Me 102 - 19-36 months

Students MUST have a Swim Diaper or cloth re-usable swim diaper.

**Swim 100**  
Prerequisite: None  
- Swim 101 for 3 to 5 years  
- Swim 102 for 6 to 9 years  
- Swim 103 for 10 to 12 years

Required Equipment: Students must use a Power Swimr Flotation Device which will be provided. This is a swim aid and used during lessons only; Power Swims are not US Coast Guard approved.

**Diving Lessons**  
Have you always wanted to impress your friends with a nice dive off the diving board? Come to Parkview Pool and learn from our instructors how to do surface dives, dives off the side of the pool and dives off the diving board.

Students must have basic swimming skills (comfortable in the water, able to swim to the edge of the pool).

Parkview Pool  
June 26-29  
Fee $40  
10:45-11:30 am

**Swim Strokes 200**  
Prerequisite: Swim 15 feet without the aid of a floatation device, face in the water, and breathing as needed.

- Swim Strokes 201 for 3 to 5 years  
- Swim Strokes 202 for 6 to 9 years  
- Swim Strokes 203 for 10 to 12 years

After passing Swim Strokes 200, students can take either Advanced Swim Strokes 300 or Lifesaving Strokes 400 in no particular order.

**Advanced Swim Strokes 300**  
Prerequisite: Swim 25 feet of Backstroke and Freestyle with side breathing.

- Advanced Strokes 301 for 3 to 5 years  
- Advanced Strokes 302 for 6 to 9 years  
- Advanced Strokes 303 for 10 to 12 years

**Lifesaving Strokes 400**  
Prerequisite: Swim 30 feet of Backstroke and Freestyle with side breathing.

- Lifesaving Strokes 401 for 3 to 5 years  
- Lifesaving Strokes 402 for 6 to 9 years  
- Lifesaving Strokes 403 for 10 to 12 years

**Adult Swim Lessons**  
Adult lessons will follow the above format with the Beginner, Intermediate and Stroke Improvement levels in mind. Our instructors are here to design a lesson plan that will fit your abilities. We will ask you about your swimming goals.

**Private Swim Lessons**  
Sessions are one-on-one with one student to one instructor. All private lessons are scheduled and taught at the Swim Center. Please stop by the Swim Center or call (605)394-5223 to fill out a request form or contact Nick Outka @ nick.outka@rcgov.org.

**Swim Lesson University**  
**Swim Instructor Training**  
Participants must be 14 years of age to take this course. “Certification” cost is not included in course fee; tests are taken and paid for online.

Fee: $50  
June 5-8  
9:00 am - 11:00 am

**Adaptive Swim**  
Have a special need? We can help you find the appropriate instructor. Call the Swim Center at 394-5223 for assistance.
### Roosevelt Swim Center • 125 Waterloo St • (605) 394-5223

#### Swim Lesson Schedule

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#### Facility Amenities

- 8 Lane Lap Pool
- Hot Tub
- Vortex Pool
- Water Basketball
- Diving Board
- Current Channel
- Zero Depth Entry Leisure Pool
- Floating Clam Shell
- Play Structure
- Slide
- Fountains
- Multi-Purpose Room
- 2 Racquetball Courts
- Birthday Party Room
- Concession Stand
- Swim 302/303
- 10:00-10:35am
- 11:20-11:55am

Swim 402/403
- 10:40-11:15am
**Jimmy Hilton Pool**  •  920 Sheridan Lake Rd  •  (605) 394-1892

### Pool Amenities
- Zero Depth Entry
- Dinosaur Youth Slide
- 2 Big Slides
- Lily Pads
- Grass Area
- Concession Stand

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**Open Swim:**
- Monday thru Sunday
- 12:00-6:00 pm
**Parkview Pool**  •  4221 Parkview Drive  •  (605) 394-1892

Open Swim:
Monday thru Sunday
12:00-6:00 pm

**Pool Amenities**
- Zero Depth Entry
- Fountain Play Structure
- Diving Board
- Slide
- Grass Area
- Concessions
- Sand Volleyball

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</tr>
<tr>
<td>11:10-11:40am</td>
<td>10:35-11:05</td>
<td>10:35-11:05</td>
</tr>
</tbody>
</table>

**Open Swim:**
Monday thru Sunday
12:00-6:00 pm

### Pool Amenities
- ZeroDepth Entry
- Fountain Play Structure
- Youth Mountain Slide
- 2 Run-off Slides
- 1 Drop Slide
- Climbing Wall
- Water Basketball Hoop
- Vortex Pool
- Grass Area
- Concessions
Aquatics Division  

Policies & Information  

Supervision  
All Children ages 9 and under must be accompanied by someone 15 years of age or older at the facility. Children ages 6 and under are required to be within arms reach and supervised by someone 15 years of age or older in the water. Please refer to General Pool Safety Rules if you have any questions.

Individual Supervision Ratios  
- 18 years of age and older: 8 children to 1 adult  
- 17 to 15 years of age: 4 children to 1 teen  
- See aquatics staff for groups larger than 10.

Swim Pants  
Swimpants are required at all swimming pools for children who are not toilet trained.

Inclement Weather  
No refunds will be offered for inclement weather. Patrons that enter aquatic facilities do so at their own risk. Every effort will be made to inform patrons of this policy when inclement weather seems to be approaching. Call the Roosevelt Swim Center or outdoor pool direct phone lines for closure information.

Roosevelt Swim Center  394-5223  
Parkview Pool  394-1892  
Jimmy Hilton Pool  394-1894  
Horace Mann Pool  394-1891

Kids Night Out  
Head to the Swim Center for an evening of fun! Start the night with a dip in the pool, fun and games in the multi-purpose room, and finish the night with popcorn and a movie. Bring a swim suit, towel, tennis shoes, comfortable clothes/pajamas, a sleeping bag and pillow. Concessions are available after swimming. Space is limited.  
Roosevelt Swim Center  5:00-10:00 pm Saturdays  
- June 17, 2017  
- July 15, 2017  
- August 19, 2017

Military Appreciation Weekend  
Get into any of the City's pools during open swim by bringing 2 cans of food per person (with military ID). Call the Swim Center at 394-5223 for more information. All Pools  
July 8-9, 2017

Scuba Bubble Night  
(Certified Scuba Divers)  
Get your bubble fix and keep diving talents current! Certified divers must submit dive certification ID to front desk staff. Please clean your gear before entering the pool. Scuba Bubble Night will be held on the last Friday of each month unless otherwise noted or due to holiday.  
Roosevelt Swim Center: 7:00-9:00 pm  
$6 per person

General Pool Safety Rules  
1. Lifeguards are here for your safety. Please listen to them and follow the rules.  
2. Swimmers must shower before entering the pool.  
3. Children ages 9 and under must be accompanied by someone 15 years of age or older at the facility. Children ages 6 and under are required to be within arms reach and supervised by someone 15 years of age or older in the water.  
4. All Personal Flotation Devices (PDF or Lifejacket) must be Coast Guard approved and used with adult supervision. No one wearing a PDF/Lifejacket will be allowed to go down the waterslide or off the diving board.  
5. Swimmers must be 48 inches tall to go down the waterslide and be unassisted in the splash down. If either one is not met they maybe prohibited from using the slide or the diving board.  
6. Headfirst entries are only allowed in water that is at least six (6) feet deep. Starting blocks may only be used under supervision of a certified swim coach or swim instructor employed by Rapid City Aquatics.  
7. Air mattresses and other floatables are not allowed as lifeguards cannot see under or through them.  
8. Appropriate swimwear is required; a T-shirt may be allowed as a cover up but must be of light color not dark nor contain offensive wording or graphics.  
9. Coolers are not allowed at Roosevelt complex. Parkview, Jimmy Hilton and Horace Mann reserve the right to inspect coolers at any time. No alcohol or glass containers are permitted at any aquatic facility.  
10. Video and Still cameras not allowed in locker rooms or common changing areas.  
11. All personal belongings should be secured in a locker. The city is not responsible for lost, stolen or damaged items. No items are to be checked with staff.  
12. REFUNDS WILL NOT BE OFFERED FOR WEATHER RELATED CLOSURES OR FECAL INCIDENTS.  
13. Swimming at this facility is a privilege. Any swimmer not following these SAFETY RULES may be asked to leave.  
14. Not every SAFETY RULE can be in print. Individual Rules are posted at each Rapid City Aquatic Facility as pool features vary. These SAFETY RULES and others dictated by common sense will be enforced by the staff.

Water Polo in Rapid City!!!  
Come play water polo at the Roosevelt Swim Center on Saturdays from 11:00 am to 12:30 pm. Requirements:  
- Players must be at least 18 years of age  
- All levels welcome  
- Basic swimming skills are required (all activities are done in the deep end of the pool).
Birthday Parties at Roosevelt Swim Center

Parties are scheduled during open swim and pricing includes admission to swim, party favor bags, pop, ice cream/yogurt treats and paper products. Children under the age of 7 must have an adult in the water within arms reach. Call 394-5223 to reserve your time!

$85 - 2 1/2 hours for 8 children
$9 for each additional child
$6 admission for ages 3-59 not receiving the extras.

$70 - 1 1/2 hours for 8 children
$9 for each additional child
$6 admission for ages 3-59 not receiving the extras.

Programming for All Ages

Aqua Kids
It’s time for kids 8 and under to enjoy the pool for fun in the sun! Pool entrance fee or pool pass honored.
Horace Mann Pool 10:00-11:30 am Fridays, June 9 - August 11

* If make up swim lessons are scheduled, this program will be cancelled. Please call in advance to check scheduling.

Chocolate Splash
Designed for families with small children ages 6 and under. Enjoy the leisure pool, play structure and lazy river with your little ones. Stay after for refreshing chocolate milk. No day cares please.
$6 per person.
Roosevelt Swim Center 11:00-12:00 pm Fridays Continuous

CPR/AED/First Aid
Various course components can be taught together. We offer Adult, Child, Infant CPR/AED for the Lay Rescuer, BLS for the Health Care Provider (Formerly CPR for the Professional Health Care Provider), AED Training, First Aid, Bloodborne Pathogens, and Oxygen Administration.

Lifeguard Training
Lifeguard training with CPR/AED for the Professional Rescuer. Waterpark and Waterfront options are also available. Must be 15 years of age or older.

Water Safety Instructor Course
Teaches principles of instruction to prospective swim lesson instructors. Candidates should have a good understanding of swimming strokes and be able to demonstrate each. Also must have the will to learn and teach Front Crawl, Backstroke, Breaststroke, Butterfly and Sidestroke. Must be 16 years of age or older.

Kayakers Paddle Night (All ages)
Paddle night will be held on the first Saturday of each month from 7-9 pm unless otherwise noted or due to holiday. Boats and gear must be clean before entering pool.

Call the Swim Center at 394-5223 for more information.

Look for special events throughout the summer on Facebook.
Like “Rapid City Aquatics”!

American Red Cross
Health and Safety Courses
Rapid City Aquatics is pleased to be a Licensed Training Provider (LTP) and Strategic Partner for American Red Cross courses. Please see website for class dates. All class registrations end one week prior to start date. Classes with less than 5 participants may be cancelled.

Together, we can save a life

Baby-sitter Training
What you need to know and what every parent wants in a safe and responsible babysitter! Designed for 11 to 15 year olds, the Baby-sitter’s Training course can help you:
• Care for children and infants
• Be a good leader and role model
• Keep the children you babysit and yourself safe, and
• Handle emergencies such as injuries, illnesses and household accidents

Lifeguard Instructor
Training for instructor candidates to teach American Red Cross Lifeguarding, Shallow Water Lifeguarding, Waterfront Skills, Waterpark Skills, CPR/AED for the Professional Rescuer and Health Care Providers, Administering Emergency Oxygen, and Bloodborne Pathogens. Must be 17 years of age or older. See our website for additional requirements.

Call the Roosevelt Swim Center at 394-5223 for class times and rates.

Kayakers Paddle Night
(All ages)
Paddle night will be held on the first Saturday of each month from 7-9 pm unless otherwise noted or due to holiday. Boats and gear must be clean before entering pool.

Call the Swim Center at 394-5223 for more information.

Look for special events throughout the summer on Facebook.
Like “Rapid City Aquatics”!
**Land Exercise Class Descriptions**

See Online Schedule for Time, Location of Class and Instructor

- **Beginner Yoga** - This class is suitable for all levels, from beginner to advanced.
- **Body Sculpt** - Combination of strength training and cardio. Instructor welcomes all ability levels; be ready to sweat!
- **Noon Spin** - Beginner to intermediate indoor cycling class with some basic sculpting added as a bonus. We will show you all you need to know to get started on a spin bike and begin burning calories on your lunch hour.
- **Muscle Pump** - The original barbell class that strengthens your entire body! Challenge your major muscles and get the results you came for.
- **Silver Sneakers Classic** - Move through a variety of exercises designed to increase muscular strength, range of movement, and activities for daily living.
- **Spin Mornings** - Join the fun (no choreography here, just an awesome cardio workout!) as we ride on indoor bikes to great music. The workout changes every week as we focus on climbing hills, sprinting, intervals, and working "out of the saddle". The class ends with about 10 minutes of abdominal training. All levels are welcome!
- **Strength/Core/Yoga** - Great class for any fitness level! We’ll begin the class with 10 minutes of active and dynamic warm up, followed by a 30 minute circuit workout that will include cardio, strength, and core training. Experience the success of muscle confusion utilizing different pieces of equipment: dumbbells, barbells, bands, kettle bells, body weight and more. Finally, enjoy 20 minutes of simple to follow Yoga poses combined with modern day stretches.
- **Tai Chi** - Reduce stress through "meditation in motion". Tai Chi has evolved into a graceful form of exercise which promotes serenity through gentle movements connecting the mind and body.

**Saturday Tai Chi moves to Sioux Park near the flower gardens for the summer months.**

- **Zumba** - This program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Our goal is simple: we want you to want to work out, to love working out, and to get hooked!

**Water Exercise Class Descriptions**

See Online Schedule for Time, Location of Class and Instructor

- **Aqua Power** - Join this moderate to intense aqua workout with interval training, plyometrics, and power moves to improve cardiovascular fitness, muscular endurance, strength and flexibility.
- **Deep Water Energized** - Higher energy class in deep water for 45 minutes of strength and endurance training based on individual fitness levels. Whether you have been exercising for years or are just starting a new fitness program, you will enjoy the energy and variety this class has to offer.
- **Early Energizers** - Start this water class by warming up in the channel, then head to the deep pool for a guaranteed challenge by traveling through the water to maximize your stamina.
- **H2O Transformers** - Warm up in the leisure pool transitioning to the lap pool for balance, strength and toning. Belts, balance boards, noodles and other equipment will be used.
- **Masters Swim** - Adult (17 & over) class for fitness swimmers, triathletes, and competitive or previously competitive swimmers. Class emphasizes improved stroke technique and swimming endurance while having fun in a group setting. Workouts for different levels/speeds are offered. If you have any questions please contact Coach Beth at bbeth.eldridge@yahoo.com.
- **Parkinson’s Wellness Recovery In-Water** - Participants work in the water on motor skills essential to every day life.
- **Pilates Stretch/Wet** - The water is the perfect medium for performing motions that gently improve alignment, posture and balance. This is a low to non-impact, non-aerobic class suitable for all fitness levels including those with balance challenges on land. Beginner and Advanced classes offered.
- **Rusty Hinges** - Keep your joints moving, restore flexibility and strength, and protect your joints from further damage by exercising in shallow water.
- **Silver Sneakers Splash** - Improve your agility, flexibility and cardiovascular endurance through this shallow water exercise class.
- **Stroke Re-Growth** - Stroke recovery participants discover and share drills to enhance their re-wiring. Body mechanics are studied to re-learn the simple and intricate movements of daily life. The water is a friendly environment for stability and resistance.

**CLASSES ARE SUBJECT TO CHANGE WITHOUT NOTICE. PLEASE SEE THE WEBSITE FOR UP-TO-DATE SCHEDULE.**

**OUTSIDE PERSONAL TRAINING IS NOT ALLOWED.**

Participants for water and land exercise classes must be 15 years of age.
Growing Up WILD (4-7 years)
This curriculum is an early childhood education program that builds on a child's sense of wonder about nature and invites them to explore wildlife and the world around them. Through a wide range of activities and experiences Growing Up WILD provides an early foundation for developing positive impressions about nature and lifelong social and academic skills. All classes will be held at the Sioux Park Pavilion.

Spider Web Wonders
Children learn various characteristics and fun facts about spiders.
June 21 Wed 9:30-11 am $10

Tracks
Children explore animal tracks and make and compare tracks of their own.
June 28 Wed 9:30-11 am $10

Lunch for a Bear
Children will identify the different kinds of foods bears eat by creating a plate of "bear food".
July 12 Wed 9:30-11 am $10

Wiggle Worms
Children learn about and observe earthworms.
July 26 Wed 9:30-11 am $10

Art in the Park (4-7 Years)
This program is meant to encourage children to explore their creative thinking, use their imagination, and get a little messy while participating in arts and craft activities. All classes will be held at the Sioux Park Pavilion.

Goop Glop Fun
Don't wear your Sunday best to this class as children will be creating fun, messy, magical mixtures weird textures using interesting materials and creating fun concoctions.
June 27 & 29 T/TH 9:30-11 am $20

Sidewalk Chalk Art
Artists will play with chalk creating masterpieces with paper and on the sidewalk.
July 11 & 13 T/TH 9:30-11 am $20

Pint Sized Picassos
Bring your artist to this fun-filled time of painting as children will create masterpieces with various art supplies.
July 25 & 27 T/TH 9:30-11 am $20

Random Art
Various fun art projects that will allow children to explore their creativity, use their imagination and have lots of fun!
June 20 & 22 T/TH 9:30-11 am $20

RC Parks and Rec Kids Camp
NEW for the summer - camp for children with special needs! Children 6 years of age and older are welcome to attend this fun exciting camp. Camp activities will be STEM style which will include math, science, physical activity, art and other learning activities. Children will be asked to bring a sack lunch as social skills development will also be integrated into camp. Space is limited for this fun, new camp so sign up early. Camp will be held in the Sioux Park Pavilion.
Mondays 9:30-12:00 $90
• June 19, 26
• July 10, 24, 31
• August 7, 14

Fun Days with Open Gym
Come and enjoy this fun time -- a different activity for the summer! Fun playtime activities that will focus on gross motor skills along with physical development. Open gym activities are available along with the balance bike obstacle course. Your child can perfect their bike skills by riding through the bike course using the Strider bike. You can bring your own bike, or borrow one of ours! Each participant needs a helmet while using the bike course and close-toed shoes are preferred. All ages and abilities are welcome to attend this fun time. Activities will be held at the West Community Gym or West Middle School.
Saturdays 10:00-2:00 $2
July 15 and August 5
Rapid City Recreation
125 Waterloo Street
Rapid City, SD  57701
(605) 394-5223
Doug Lowe, Recreation Div. Manager
Matt Brandhagen, Recreation Specialist
Jeff Richardt, Recreation Specialist
Taylor Bauer, Summer Blast Supervisor

Summer Blast Day Camp
This all day camp is a fun-filled week for ages 5 through 12 years old. Each week offers field trips, arts and crafts, sports, team building activities, and much... much...more. This camp is designed to encourage new friendships and provide opportunities for campers to gain new experiences, under the care of trained recreation staff. We have a ratio of 6 kids per counselor so that the kids are watched and taken care of.

Participants will meet Monday through Friday from 8:00am to 5:00pm at the Roosevelt Ice Arena, 235 Waterloo St, with a sack lunch, water bottle and appropriate attire for that day’s activities. Children may be dropped off no earlier than 7:45am and picked up no later than 5:15pm. Maximum enrollment each week is 40 participants. Cost for the program is $150 per participant each week. This camp fills fast so sign up as soon as you can!!!

Morning activities will occur throughout the week and will include Arts/Crafts, Team Building Exercises, Gym Games, Fitness Fun, Board Games, Tie-Dye Fun, and much more. Afternoon activities will include swimming, area attractions, movies, outdoor campus, horseback riding and many more fun activities.

Here is what parents have to say about the Rapid City Recreation Summer Blast Day Camp:

“The fact that my daughter can’t wait to go to camp each day because she’s so excited to see what’s going to happen is wonderful for me! As a parent you sometimes worry whether your child is enjoying camp, but no worries on this end – it’s the perfect solution for both of us.”

“I have sent my two children to this camp the last 3 years and everyday my kids are excited to go and with the ratio of 1 staff per 6 kids they are well watched and taken care of.”

“This is a fantastic camp and reasonably priced. My daughter makes new friends every day and loves the counselors”

“Your counselors are OUTSTANDING INDIVIDUALS! I am so impressed with the quality & attention given to my son over the week! I appreciate your attention to each & every detail. Thank you from the bottom of my heart! His experience will stay with him the rest of his life. We appreciate the incredible job you do each & every day! I also noticed his level of confidence has increased as well. I couldn’t be more thrilled!”
WEEK #1  May 29 - June 2
Monday - Swimming and a Movie
Tuesday - Ultimate Outing (Putz-N-Glo, Miner’s Maze, and Finders Keepers)
Wednesday - Swimming at one of the outdoor pools
Thursday - Mammoth Site & Evans Plunge
Friday - Jump Craze & Movie/Game Day

WEEK #2  June 5 - June 9
Monday - Swimming and a Movie
Tuesday – Animal Adventures (Bear Country & Reptile Gardens) & Ice Skating
Wednesday – Swimming at one of the outdoor pools
Thursday – Spearfish Aquatics Center
Friday – Rockin It at Rockin R Rides (Horseback Riding)

WEEK #3  June 12 - June 16
Monday - Swimming and a Movie
Tuesday - Big Thunder Gold Mine
Wednesday – Swimming at one of the outdoor pools
Thursday – Flags & Wheels & Dinosaur Museum
Friday – Cedar Canyon Camp (High Ropes and Paint Ball)

WEEK #4  June 19 - June 23
Monday - Swimming and a Movie
Tuesday - Rushmore Cave (Cave Tour, Zip Line and 7D Gunslinger)
Wednesday – Swimming at one of the outdoor pools
Thursday – Watiki Water Park
Friday – Jump Craze & Movie/Game Day

WEEK #5  June 26 – June 30
Monday - Swimming and a Movie
Tuesday – Ultimate Outing (Putz-N-Glo, Miner’s Maze, and Finders Keepers)
Wednesday – Swimming at one of the outdoor pools
Thursday – Mammoth Site/Evans Plunge
Friday – Jump Craze and Movie/Game Day

WEEK #6  July 10 – July 14
Monday - Swimming and a Movie
Tuesday – Animal Adventures (Bear Country & Reptile Gardens) and Ice Skating
Wednesday – Swimming at one of the outdoor pools
Thursday – Spearfish Aquatics Center
Friday - Rockin It at Rockin R Rides (Horseback Riding)

WEEK #7  July 17 – July 21
Monday - Swimming and a Movie
Tuesday - Big Thunder Gold Mine
Wednesday – Swimming at one of the outdoor pools
Thursday – Flags & Wheels and Dinosaur Museum
Friday – Cedar Canyon Camp (High Ropes and Paint Ball)

WEEK #8  July 24 – July 28
Monday - Swimming and a Movie
Tuesday - Rushmore Cave (Cave Tour, Zip Line, and 7D Gunslinger)
Wednesday – Swimming at one of the outdoor pools
Thursday – WaTiki Water Park
Friday – Jump Craze and Movie/Game Day
Youth Sports Camps
Grades 2-8
$40 per Camp

These Sport Camps are designed to build confidence, character, and athletic skills for all levels basic through advanced. Certified coaches and players will help build your skills and enthusiasm for the sport.

**Boys Basketball Camp $40**
RC Stevens Basketball Coach, Chris Stoebner

Join the Stevens High School Basketball coaches and players at the West Community Gym. This Camp focuses on all-around basketball skills, including personal and team instruction as well as development for children of all skill levels. Aside from being just a basketball summer camp, participants are exposed to a wide variety of activities in a traditional basketball camp setting.

**Schedule**
- June 12-15 9:30-11:00 am
  Mon - Thur West Com. Gym
- July 10-13 9:30-11:00 am
  Mon - Thur West Com. Gym
- Aug 14-17 9:30-11:00 am
  Mon - Thur West Com. Gym

**Girls Basketball Camp $40**
RC Central Girls Basketball Coach, Kraig Bloome

Join Coach Bloome and staff for 3 days of basketball instruction. The primary focus of this camp is to improve each player's individual basketball skills. You can expect a great balance of skill development, competition and fun. The camp setting will be energetic and informative for beginners and experienced players.

**Schedule**
- Jun 19-21 10:00 am-11:30 am
  Mon - Wed Central HS Gym

**Volleyball Camp $40**
RC Central Volleyball Coach Deanne Deming

Join the Rapid City Central High School coaches and players at Central HS Gym. Each camper will be supported and challenged by the coaches to learn new skills and improve existing ones through drills, competition and instruction. We offer progressive training techniques for all skill levels, position specific training, and personal feedback. We will focus on correct mechanics with serving, passing, hitting, and defense. Other skills will also be taught.

**Schedule**
- July 10-12 3:00-4:30pm
  Mon-Wed RC Central HS Gym

**Tennis Camp $40**
RC Stevens Tennis Coach Jason Olson

Join the Rapid City Stevens High School coaches and players at the Sioux Park Tennis Courts where FUN is a priority as participants “play to learn,” developing skills through a positive learning experience and with a sense of accomplishment. Certified professionals provide a great learning environment for the developmental learning stages. Players will focus on movement, balance, swing motions, making contact, grips and stroke development.

**Schedule**
- Jun 5-8 9:30 -11:00 am
  Mon-Thur Sioux Park Tennis Courts
- July 17-20 9:30 - 11:00 am
  Mon-Thur Sioux Park Tennis Courts
- Aug 7-10 9:30 - 11:00 am
  Mon-Thu Sioux Park Tennis Courts
**Summer Sand Volleyball**

Come work on your tan and play in the sand. We offer leagues for all Divisions. This is a six week league followed by an end of the season tournament. All games are played at the Sand Volleyball Court at Founders Park.

Games will begin the week of June 5th. Registration deadline is May 31st.
$100.00 per team
$50.00 per team for 2 v 2

**Divisions:**
- Monday Night: Coed 4 v 4, Coed 2 v 2
- Tuesday Night: Coed Upper & Lower B
- Wednesday: Women’s Lower B
  - Women’s Upper B
- Thursday: Coed A
  - Coed Upper B
  - Coed Lower B

**Summer Indoor Volleyball**

Don’t want to play in the sand then this is the league for you! This is a six week league followed by an end of the season tournament. All games are played at the South Community Gym. Games begin Wednesday, June 7th.

Registration deadline is May 31st.
$135.00 per Team.

**Divisions:**
- Wednesday Night: Women’s A
  - Women’s Upper B
  - Women’s Lower B

**Youth Flag Football**

(1st & 2nd Grade & 3rd & 4th Grade)

Staff recommends signing up for this program early as it fills fast. Space is limited.

This non-contact flag football league is for children in the 1st through 4th grades during the 2017-2018 school year. Youth Flag Football teaches players basic football skills while promoting teamwork and sportsmanship. Players will gain valuable football experience in a fun, non-contact setting. Mouthpiece recommended; all other equipment provided.

Volunteer Coaches are needed and we will waive your registration fee if you are willing to coach. You will be informed of your team and schedule on the first night when you will meet your coach and get schedules for the season.

A MANDATORY meeting with your coach will be held at the Omaha St. Soccer Fields across from Founders Park. The meeting will be held on Monday, September 11th at 5:30pm for all 1st and 2nd graders and 6:30pm for all 3rd and 4th graders.

Games will start Monday, September 18th and Tuesday, September 19th and be held at the Omaha St. Soccer Fields. All games will be on Monday or Tuesday nights.

Please contact Matt Brandhagen if you are interested in coaching:
matt.brandhagen@rcgov.org or cell (605)415-0226 work (605)394-5223

Registration deadline is September 4th. Registration fee is $50.00 which includes a jersey.

You can register online at www.rcparksandrec.org or stop by these two locations:

Swim Center: 125 Waterloo Street
Parks and Rec Office: 515 West Blvd.

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**Rapid City Hike Club**

“Get your Tail on the Trail!” Our goal is to provide an enjoyable experience for our members and their guests.

Hikes will be scheduled every Thursday beginning May 11, weather permitting, at a trail within or near Rapid City (HLMP, Skyline, Buzzards Roost or Little Elk Creek). These trips will be 1-2 hours in length, start at 5:30 pm, moderate in level and open to all ages. Lengthier hikes will be scheduled on Sunday mornings starting at 9 am beginning on May 7. All hikes will meet at the designated trailhead. Trail fees, park passes and transportation costs are the responsibility of the hiker. The membership fee is $5 for the 2017 hiking year and will assist with covering the cost of guides. Membership will include emails to keep you informed on activities throughout the year.

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**Adult Flag Football League**

The Rapid City Recreation Division is offering its Non-Contact Flag Football League at Omaha St. Soccer Fields.

This is a six week league followed by an end of the season tournament. Games will begin the week of Aug 16th.

Registration deadline is Aug 9th.
$335.00 per team

**Divisions:**
- Wednesday Night: Men’s B
  - Men’s C
- Thursday Night: Men’s C
The Parks Division maintains roughly 1,650 acres of park land in Rapid City. All parks provide unlimited opportunities for fun and enjoyment and are open to the public until 10:00 pm. Take time to enjoy Rapid City's parks - have a picnic, play horseshoes, tennis, softball, golf, ride a bike, go walking or jogging, or browse the rose and formal gardens! No alcoholic beverages are allowed. In the park system dogs must be on a leash unless in a designated off-leash area, and you MUST clean up after your pet.

Shelters in the following parks are available on a first come-first served basis:

- Jackson Park
- Horace Mann Park
- Thomson Park
- College Park
- Robbinsdale Park (3), and
- Canyon Lake Park (2)

### Rapid City Parks

<table>
<thead>
<tr>
<th>Park Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>Braeburn Park</td>
<td>3350 Idlehurst Lane</td>
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<tr>
<td>Canyon Lake Park</td>
<td>4181 Jackson Boulevard</td>
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<tr>
<td>Centennial Parkway</td>
<td>800 East Centennial</td>
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<tr>
<td>Chuck Lien Family Park</td>
<td>North of Founders Park</td>
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<tr>
<td>Cliffside Park</td>
<td>5650 Jackson Boulevard</td>
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<tr>
<td>College Park</td>
<td>224 College Street</td>
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<td>Dinosaur Park</td>
<td>940 Skyline Drive</td>
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<td>Founders Park</td>
<td>1510 West Omaha Street</td>
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<tr>
<td>Halley Park</td>
<td>515 West Boulevard</td>
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<tr>
<td>Horace Mann Park</td>
<td>818 Anamosa</td>
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<tr>
<td>Jackson Park</td>
<td>3040 Jackson Boulevard</td>
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<td>Legion Park</td>
<td>900 Van Buren</td>
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<td>Mary Hall Park</td>
<td>3220 W. South Street</td>
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<td>Memorial Park</td>
<td>8th &amp; Omaha Street</td>
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<tr>
<td>Parkview Park</td>
<td>4221 Parkview Drive</td>
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<tr>
<td>Quarry Park</td>
<td>City Springs Road</td>
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<td>Red Rock Meadows Park</td>
<td>6606 Shalee Drive</td>
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<tr>
<td>Robbinsdale Park</td>
<td>631 East Oakland</td>
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<tr>
<td>Roosevelt Park</td>
<td>300 East Omaha Street</td>
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<tr>
<td>Scott Mallow Park</td>
<td>1100 Custer Street</td>
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<tr>
<td>Sioux Park</td>
<td>1000 Sheridan Lake Road</td>
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<tr>
<td>Skyline Wilderness Area</td>
<td>Skyline Drive</td>
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<tr>
<td>Steele Avenue Park</td>
<td>260 East Main Street</td>
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<tr>
<td>Thomson Park</td>
<td>880 E. Meadowlark Drive</td>
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<tr>
<td>Vickie Powers Park</td>
<td>940 Kathryn Avenue</td>
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<tr>
<td>Wilderness Park</td>
<td>514 City Springs Road</td>
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<tr>
<td>Willow Park</td>
<td>155 Monroe Street</td>
</tr>
<tr>
<td>Wilson Park</td>
<td>1701 Mt. Rushmore Road</td>
</tr>
</tbody>
</table>

### Park Shelter Information

Are you planning a wedding, reunion, large group activity or other special event? If so, the Parks Division has several parks with picnic shelters for your event. There are three shelters available for reservation. Please call 394-4175 for more information, to check availability, or to make a reservation.

**Shelter Fees:**

- 10:00 am - 3:00 pm $50.00
- 4:30 pm - 10:00 pm $50.00
- Gazebo $20/hour
- Bandshell $100/day

### Canyon Lake Shelter #1

Enter at the intersection of Canyon Lake Drive and Jackson Boulevard. First shelter on the right, near the spillway.

### Canyon Lake Shelter #3

Enter at Park Drive. Shelter is located straight ahead.

### Old Storybook Island Shelter

Enter at the Park Maintenance Shop entrance, 2915 Canyon Lake Drive. Follow road down to the shelter.

### Canyon Lake Gazebo

The Gazebo at Canyon Lake is available for reservation. The fee is $20 per hour and payment is due when reservation is made.

### Memorial Park Bandshell

The Memorial Park Bandshell is available for reservations on a first come, first served basis. The fee for reserving the bandshell is $100 per day.
Flower Gardens of Rapid City

Rapid City has many beautiful flower gardens located throughout the community, so be sure to ‘stop and smell the flowers’ this summer.

- Butterfly Gardens
  4515 Jackson Boulevard
- Halley Park Gardens
  515 West Boulevard
- Memorial Park Rose Garden
  444 Mt. Rushmore Road
- Memory Lane
  915 Mountain View Road
- Native Wild Flower Garden
  300 Omaha Street
- Roosevelt Park Gardens
  235 Waterloo Street
- Sunken Gardens
  2915 Canyon Lake Drive
- Wm. Noordermer Formal Gardens
  2400 Canyon Lake Drive
- Wilson Park
  1701 Mt. Rushmore Road

Community Tennis Courts

- North Middle School
  1501 North Maple Avenue
- Parkview Tennis Complex
  4325 Parkview Drive
- Quarry Park
  City Springs Road
- Sioux Park Tennis Complex
  900 Sheridan Lake Road
- Wilson Park
  1701 Mt. Rushmore Rd

ENJOY SWIMMING?
Come Try Out for the Rapid City Racers

http://www.rapidcityracers.com

Free, no obligation trial period for the first two weeks!

🌟 Fun and healthy activity
🌟 Encouraging environment
🌟 Non-competitive and competitive swimmers welcome

Whether you’ve just learned how to swim, or want to perfect your technique – all levels welcome!
Department of Parks and Recreation
Contact Information

Roosevelt Swim Center 394-5223
Parkview Pool 394-1892
Jimmy Hilton Pool 394-1894
Horace Mann Pool 394-1891
Roosevelt Park Ice Arena 394-6161
Meadowbrook Golf Course 394-4191
Executive Golf Course 394-4124
Sioux Park Tennis Complex 394-6965
Parks & Recreation Office 394-4175

Register online for all programs at
www.rcparksandrec.org