Rapid City Aquatics
Adult Swim Lessons, Fall 2021
November 15-18
November 29-December 2
2-week session (M-TH)
*1-week break in between due to Thanksgiving Break

Online registration: Beginning September 15 at 8:00am at rapidcity.activityreg.com
Phone-In and Walk-in registration: Beginning September 15 at 10:00am
Waitlists are offered; please ask to be added if a class is full. Waitlists are not guaranteed placement into swim lessons.

Monday – Thursday for two weeks: $50.00

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Beginner</td>
<td>M-TH for 2 weeks 5:15-5:45pm</td>
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<tr>
<td>Intermediate</td>
<td>M-TH for 2 weeks 5:50-6:20pm</td>
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Level Prerequisites
Beginner Prerequisites: none

Intermediate Prerequisites: the participant must be comfortable in the water, but would like to learn more about swimming. Participants should be able to swim the length of the 25-yard lap pool. The instructor will focus on five different strokes: freestyle, backstroke, elementary backstroke, sidestroke, and breaststroke.

Any questions/comments involving swim lessons?
Contact Emily Carstensen at (605) 394-5223 or Emily.Carstensen@rcgov.org