

**Rapid City Aquatics**  
**Adult Swim Lessons, Fall 2021**  
**November 15-18**  
**November 29-December 2**  
**2-week session (M-TH)**  
**\*1-week break in between due to Thanksgiving Break**

**Online registration:** Beginning September 15 at 8:00am at [rapidcity.activityreg.com](http://rapidcity.activityreg.com)

**Phone-In and Walk-in registration:** Beginning September 15 at 10:00am

**Waitlists are offered; please ask to be added if a class is full. Waitlists are not guaranteed placement into swim lessons.**

Monday – Thursday for two weeks: \$50.00

	<u>Day</u>	<u>Time</u>
Beginner	M-TH for 2 weeks	5:15-5:45pm
Intermediate	M-TH for 2 weeks	5:50-6:20pm

**Level Prerequisites**

**Beginner Prerequisites:** none

**Intermediate Prerequisites:** the participant must be comfortable in the water, but would like to learn more about swimming. Participants should be able to swim the length of the 25-yard lap pool. The instructor will focus on five different strokes: freestyle, backstroke, elementary backstroke, sidestroke, and breaststroke.

Any questions/comments involving swim lessons?  
Contact Emily Carstensen at (605) 394-5223 or [Emily.Carstensen@rcgov.org](mailto:Emily.Carstensen@rcgov.org)