

# BLACK HILLS SENIOR GAMES

◆ JULY 23 - 27, 2019 ◆



## RETURN FORMS TO:

RC Parks & Recreation Office  
515 West Blvd. Rapid City, SD 57701  
(M-F 7:30am - 4:00pm)

## FOR MORE INFORMATION:

Visit [www.rcparksandrec.org](http://www.rcparksandrec.org) or call the  
Parks & Rec Office at 605-394-4168

**Registrations are due by: MONDAY, JULY 12, 2019**

**Please fill out BOTH sides of the form & make checks payable to City of Rapid City.**

## EVENT LOCATION ABBREVIATIONS:

- CLAC**..... Canyon Lake Activity Center  
2900 Canyon Lake Dr.
- MSC**..... Minneluzahan Senior Center  
315 N 4th St.
- SPT**..... Sioux Park Track  
2445 Canyon Lake Dr.
- SPP**..... Sioux Park Pits  
940 Sheridan Lake Rd.
- ML**..... Meadowood Lanes  
3809 Sturgis Rd.
- RPSC**..... Roosevelt Park Swim Center  
125 Waterloo St.
- WCG**..... West Community Gym  
1003 Soo San Dr.
- MGC**..... Meadowbrook Golf Course  
3625 Jackson Blvd.
- EGC**..... Executive Golf Course  
200 12th St.
- OSBIS**..... Old Storybook Island Shelter  
2911 Canyon Lake Dr.
- SPTC**..... Sioux Park Tennis Complex  
2445 Canyon Lake Dr.

**NRPA** National Recreation and Park Association  
Because everyone deserves a great park  
NRPA.ORG/JULY | #GAMEONJULY

**GAME ON!**

NRPA'S PARK AND RECREATION MONTH - JULY 2019

SPONSORED BY **Greenfields**  
Outdoor Fitness.  
Promoting Wellness & Fighting Obesity One Community at a Time

# BLACK HILLS SENIOR GAMES ♦ JULY 23RD - 27TH, 2019

## SCHEDULE OF EVENTS:

### Tuesday, July 23

18 Hole Golf @ Meadowbrook GC - Set your own tee-time. (Comped Green Fees, but Cart Fees apply \$17 per person for 18 Holes)

**9 am** Basketball Skills (WCG)  
Jump Rope (WCG)  
Bean Bag Toss (WCG)

### Wednesday, July 24

**9 am** Pickleball Doubles (CLAC)  
8 Ball Pool (CLAC)  
Pitch (MSC)

**1 pm** Wii Bowling (MSC)  
Pinochle (MSC)

### Thursday, July 25

9 Hole Golf @ Executive GC - Set your own tee-times (10 am - 3 pm additional fee \$7 for nonmembers)

**9 am** Horseshoes (SPP)  
Hand & Foot (MSC)  
Pickleball Mixed Doubles (CLAC)  
**1 pm** Bowling (ML) additional fee of \$3/game  
Texas Hold'Em (MSC)  
**5 pm** *Athletes Picnic (OSBIS)*

### Friday, July 26

**9 am** Swim Meet (RPSC)  
Tennis (SPTC)  
Table Tennis (CLAC)  
Whist (MSC)  
9:30 - 11:30 am Line Dancing Exhibition (CLAC)  
**1 pm** Cribbage (MSC)  
Mexican Train (MSC)

### Saturday, July 27

**9 am** Track & Field (SPT)  
Shuffleboard (MSC)  
Mahjong (MSC)

## GENERAL ACTIVITY INFORMATION:

**Basketball:** Free Throw and Field Goal Shooting Skills at WCG (25 shot attempts)

**Bean Bag Toss:** 50 throws at WCG

**Billiards:** 8-Ball Pool Men's and Women's Singles at CLAC (Double elimination format).

**Bowling:** Singles, Doubles & Mixed Doubles at ML on Thursday from 1-7 pm. Leave your scorecard at the lanes. 3 Games. Must provide your own partner. Additional fees of \$3 per game payable to the lanes.

**Card Games:** House Rules Apply.

**Golf:** 18 holes at MGC on Tuesday or 9 holes at EGC on Thursday. Make your own tee times. Leave your scorecard at the participating Golf Course. No Handicap/Raw Score.

**Horseshoes:** 50 shoes at Sioux Park Pits.

**Jump Rope:** 1 minute and 3 minutes at WCG. Judged by the number of successful continuous jumps in designated minutes.

**Pickle Ball:** Doubles & Mixed Doubles at CLAC. Round Robin Format. Partners need to be on your registration form.

**Shuffleboard:** Singles, Doubles, & Mixed Doubles at MSC. Equipment will be provided.

**Swimming:** Events will take place at RPSC. Rolling schedule.

**Table Tennis:** Singles, Doubles, & Mixed Doubles at CLAC. Tournament format will be based on the number of participants.

**Tennis:** Singles, Doubles, & Mixed Doubles at SPTC.

**Track & Field:** Will be a rolling schedule at SPTC.

**Wii Bowling:** Singles only 3 games at MSC.

## SCHEDULE CHANGES & UPDATES

Any changes or adjustments in schedule, location or event will be posted at the following facilities: Rapid City Parks & Recreation Office, Roosevelt Park Swim Center, Canyon Lake Activity Center & Minneluzahan Senior Center.

# EVENT ENTRY FORM

## TUESDAY, JULY 23

**GOLF:** (Set your own tee times) Requires Additional Fees

18 Holes at MGC

**BASKETBALL:** 9-11 am @ WCG

Field Goals  Free Throws

**JUMPING ROPE:** 9-11 am @ WCG

1 minute  3 minutes

**BEAN BAG TOSS:** 9-11 am @ WCG

50 throws

## WEDNESDAY, JULY 24

**PICKLE BALL:** 9 am @ CLAC

Doubles Partner: \_\_\_\_\_

**8 BALL POOL:** 9 am @ CLAC

Deal Me In!

**PITCH:** 9 am @ MSC

Deal Me In!

**WII BOWLING:** 1 pm @ MSC

Singles

**PINOCHLE:** 1 pm @ MSC

Deal Me In!

## THURSDAY, JULY 25

**GOLF:** (Set your own tee times between 10am-3pm)  
Requires Additional Fees

9 Holes at EGC

**HORSESHOES:** 9 am @ SPP

50 throws

**HAND & FOOT:** 9 am @ MSC

Deal Me In!

**PICKLE BALL:** 9 am @ CLAC

Mixed Dbls Partner: \_\_\_\_\_

**BOWLING:** 1 pm @ ML

Requires additional Fees (\$3 per game)

Singles

Doubles Partner: \_\_\_\_\_

Mixed Dbls Partner: \_\_\_\_\_

**TEXAS HOLD'EM:** 1 pm @ MSC

Deal Me In!

## FRIDAY, JULY 26

**SWIMMING:** @ RPSC 9 am Warm-up; 9:30 am Start  
Check-in 15 minutes prior to start for the following:

50 Yard Freestyle  50 Yard Breaststroke

100 Yard Breaststroke  100 Yard Backstroke

200 Yard Backstroke  200 Yard Freestyle

10 Minute Break if Needed 10 Minute Break if Needed

50 Yard Backstroke  50 Yard Butterfly

100 Yard Freestyle  100 Yard Ind. Medley

200 Yard Breaststroke 15 Minute Break If Needed

10 Minute Break if Needed  500 Yard Freestyle

**TENNIS:** 9 am @ SPTC

Singles

Doubles Partner: \_\_\_\_\_

Mixed Dbls Partner: \_\_\_\_\_

**TABLE TENNIS:** 9 am @ CLAC

Singles

Doubles Partner: \_\_\_\_\_

Mixed Dbls Partner: \_\_\_\_\_

**WHIST:** 9 am @ MSC

Deal Me In!

**LINE DANCING EXHIBITION:** 9:30-11:30 am

Line Me Up! @ CLAC

**CRIBBAGE:** 1 pm @ MSC

Count Me In!

**MEXICAN TRAIN:** 1 pm @ MSC

Count Me In!

## SATURDAY, JULY 27

**TRACK & FIELD EVENTS:** 9 am @ SPT

Track Events take priority over Field Events and will follow a rolling schedule:

1500 M Run

Discus

50 M Dash

Shot Put

400 M Run

Softball Throw

1500 M Race Walk

Standing LJ

100 M Dash

Running LJ

800 M Run

High Jump

800 M Race Walk

200 M Run

400 M Race Walk

**SHUFFLEBOARD:** 9:00am @ MSC

Singles

Doubles Partner: \_\_\_\_\_

Mixed Dbls Partner: \_\_\_\_\_

**MAHJONG:** 9:00 am @ MSC

Deal Me In!

# BLACK HILLS SENIOR GAMES ♦ JULY 23RD-27TH, 2019

## PARTICIPANT INFORMATION FORM ♦ PLEASE FILL OUT BOTH SIDES.

RETURN REGISTRATION BY MONDAY, JULY 12, 2019

Name \_\_\_\_\_  Male  Female  
(Last) (First) (MI)

Address \_\_\_\_\_ Home Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Alt. Phone \_\_\_\_\_

Email Address (in all caps) \_\_\_\_\_

Age Category (Age as of 9/1/2019)  50-54  55-59  60-64  65-69  70-74  75-79  80-84

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_  85-89  90-94  95-99  100+

BHSG Entry Fee \$8: Includes all events and Thursday evening picnic. \$ \_\_\_\_\_

Yes, I will be attending the picnic or  No, I will NOT attending the picnic

Additional Picnic Meals: # of tickets \_\_\_\_\_ x \$5 each \$ \_\_\_\_\_

T-shirt: \$12 each or \$15 for 2XL Size: \_\_\_ S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ 2XL \$ \_\_\_\_\_

Total Fees (Please read and sign the waiver and select your events on the next page.) \$ \_\_\_\_\_

### WAIVER & HOLD HARMLESS AGREEMENT

CITY OF RAPID CITY RELEASE AGREEMENT FOR ALL PARTICIPANTS: IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE OR USE ANY CITY FACILITY IN CONNECTION WITH THIS ACTIVITY, THE UNDERSIGNED AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND CONVENANTS NOT TO SUE THE CITY OF RAPID CITY, ITS EMPLOYEES, OFFICERS AND AGENTS (hereinafter referred to as "releasees") from all liability to the undersigned, his or her personal representatives, assigns, heirs, and next of kin for any loss, damage, or claim therefore on account of injury to the person or property of the undersigned, whether caused by any negligent act or omission of the releasees or otherwise while the undersigned is participating in a City recreation activity or using any City facilities in connection with the activity.

2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY, DEFEND AND HOLD HARMLESS from all liability, claims, demands, causes of action, charges, expenses, and attorney fees (including attorney fees to establish the releasees right to indemnity or incurred on appeal) resulting from involvement in this activity whether caused by negligent act or omission of the releasees or otherwise.

3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE while upon City property or participating in the activity or using any City facilities and equipment whether caused by any negligent act or omission of releasees or otherwise. The undersigned expressly agrees that the foregoing release and waiver, indemnity agreement and assumption of risk are intended to be as broad and inclusive as permitted by South Dakota law and that if any portion thereof be held invalid, notwithstanding, the balance shall continue in full legal force and effect.

I ACKNOWLEDGE THAT I HAVE READ THE FOREGOING and that I am aware of the legal consequences of this agreement, including that it prevents me from suing the City or its employees, agents, or officers if I am injured or damaged for any reason as a result of participation in this activity. I further acknowledge that no oral representations, statements or inducements have been made.

Individual over 18 yrs of age (print) \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_