Black Hills Senior Games
♦ July 23 - 27, 2019 ♦

Return forms to:
RC Parks & Recreation Office
515 West Blvd. Rapid City, SD 57701
(M-F 7:30am - 4:00pm)

For more information:
Visit www.rcparksandrec.org or call the Parks & Rec Office at 605-394-4168

Registrations are due by: MONDAY, JULY 12, 2019
Please fill out BOTH sides of the form & make checks payable to City of Rapid City.

Event Location Abbreviations:

CLAC ........... Canyon Lake Activity Center
              2900 Canyon Lake Dr.

MSC ........... Minneluzahan Senior Center
              315 N 4th St.

SPT ............ Sioux Park Track
              2445 Canyon Lake Dr.

SPP ............ Sioux Park Pits
              940 Sheridan Lake Rd.

ML .............. Meadowood Lanes
              3809 Sturgis Rd.

RPSC ........... Roosevelt Park Swim Center
              125 Waterloo St.

WCG ............ West Community Gym
              1003 Soo San Dr.

MGC ............ Meadowbrook Golf Course
              3625 Jackson Blvd.

EGC ............ Executive Golf Course
              200 12th St.

OSBIS ........... Old Storybook Island Shelter
                2911 Canyon Lake Dr.

SPTC ........... Sioux Park Tennis Complex
                2445 Canyon Lake Dr.
# Black Hills Senior Games • July 23rd - 27th, 2019

## Schedule of Events:

**Tuesday, July 23**
- 18 Hole Golf @ Meadowbrook GC - Set your own tee-time. (Comped Green Fees, but Cart Fees apply $17 per person for 18 Holes)
- **9 am** Basketball Skills (WCG)
  - Jump Rope (WCG)
  - Bean Bag Toss (WCG)

**Wednesday, July 24**
- **9 am** Pickleball Doubles (CLAC)
  - 8 Ball Pool (CLAC)
  - Pitch (MSC)
- **1 pm** WII Bowling (MSC)
  - Pinochle (MSC)

**Thursday, July 25**
- 9 Hole Golf @ Executive GC - Set your own tee-times (10 am - 3 pm additional fee $7 for nonmembers)
- **9 am** Horseshoes (SPP)
  - Hand & Foot (MSC)
  - Pickleball Mixed Doubles (CLAC)
- **1 pm** Bowling (ML) additional fee of $3/game
  - Texas Hold’Em (MSC)
- **5 pm** Athletes Picnic (OSBIS)

**Friday, July 26**
- **9 am** Swim Meet (RPSC)
  - Tennis (SPTC)
  - Table Tennis (CLAC)
  - Whist (MSC)
- **9:30 - 11:30 am** Line Dancing Exhibition (CLAC)
- **1 pm** Cribbage (MSC)
  - Mexican Train (MSC)

**Saturday, July 27**
- **9 am** Track & Field (SPT)
  - Shuffleboard (MSC)
  - Mahjong (MSC)

## General Activity Information:

**Basketball:** Free Throw and Field Goal Shooting Skills at WCG (25 shot attempts)

**Bean Bag Toss:** 50 throws at WCG

**Billiards:** 8-Ball Pool Men’s and Women’s Singles at CLAC (Double elimination format).

**Bowling:** Singles, Doubles & Mixed Doubles at ML on Thursday from 1-7 pm. Leave your scorecard at the lanes. 3 Games. Must provide your own partner. Additional fees of $3 per game payable to the lanes.

**Card Games:** House Rules Apply.

**Golf:** 18 holes at MGC on Tuesday or 9 holes at EGC on Thursday. Make your own tee times. Leave your scorecard at the participating Golf Course. No Handicap/Raw Score.

**Horseshoes:** 50 shoes at Sioux Park Pits.

**Jump Rope:** 1 minute and 3 minutes at WCG. Judged by the number of successful continuous jumps in designated minutes.

**Pickle Ball:** Doubles & Mixed Doubles at CLAC. Round Robin Format. Partners need to be on your registration form.

**Shuffleboard:** Singles, Doubles, & Mixed Doubles at MSC. Equipment will be provided.

**Swimming:** Events will take place at RPSC. Rolling schedule.

**Table Tennis:** Singles, Doubles, & Mixed Doubles at CLAC. Tournament format will be based on the number of participants.

**Tennis:** Singles, Doubles, & Mixed Doubles at SPTC.

**Track & Field:** Will be a rolling schedule at SPTC.

**WII Bowling:** Singles only 3 games at MSC.

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## Schedule Changes & Updates

Any changes or adjustments in schedule, location or event will be posted at the following facilities: Rapid City Parks & Recreation Office, Roosevelt Park Swim Center, Canyon Lake Activity Center & Minneluzahan Senior Center.
TUESDAY, JULY 23

GOLF: (Set your own tee times) Requires Additional Fees
- 18 Holes at MGC

BASKETBALL: 9-11 am @ WCG
- Field Goals
- Free Throws

JUMPING ROPE: 9-11 am @ WCG
- 1 minute
- 3 minutes

BEAN BAG TOSS: 9-11 am @ WCG
- 50 throws

WEDNESDAY, JULY 24

PICKLE BALL: 9 am @ CLAC
- Doubles Partner: ____________________

8 BALL POOL: 9 am @ CLAC
- Deal Me In!

PITCH: 9 am @ MSC
- Deal Me In!

WII BOWLING: 1 pm @ MSC
- Singles

PINOCHLE: 1 pm @ MSC
- Deal Me In!

THURSDAY, JULY 25

GOLF: (Set your own tee times between 10am-3pm) Requires Additional Fees
- 9 Holes at EGC

HORSESHOES: 9 am @ SPP
- 50 throws

HAND & FOOT: 9 am @ MSC
- Deal Me In!

PICKLE BALL: 9 am @ CLAC
- Mixed Dbls Partner: ____________________

BOWLING: 1 pm @ ML
Requires additional Fees ($3 per game)
- Singles
- Doubles Partner: ____________________
- Mixed Dbls Partner: ____________________

TEXAS HOLD’EM: 1 pm @ MSC
- Deal Me In!

FRIDAY, JULY 26

SWIMMING: @ RPSC 9 am Warm-up; 9:30 am Start
Check-in 15 minutes prior to start for the following:
- 50 Yard Freestyle
- 100 Yard Breaststroke
- 200 Yard Backstroke
- 10 Minute Break if Needed
- 50 Yard Backstroke
- 100 Yard Freestyle
- 200 Yard Breaststroke
- 10 Minute Break if Needed

TENNIS: 9 am @ SPTC
- Singles
- Doubles Partner: ____________________
- Mixed Dbls Partner: ____________________

TABLE TENNIS: 9 am @ CLAC
- Singles
- Doubles Partner: ____________________
- Mixed Dbls Partner: ____________________

WHIST: 9 am @ MSC
- Deal Me In!

LINE DANCING EXHIBITION: 9:30-11:30 am
- Line Me Up! @ CLAC

CRIBBAGE: 1 pm @ MSC
- Count Me In!

MEXICAN TRAIN: 1 pm @ MSC
- Count Me In!

SATURDAY, JULY 27

TRACK & FIELD EVENTS: 9 am @ SPT
Track Events take priority over Field Events and will follow a rolling schedule:
- 1500 M Run
- Discus
- 50 M Dash
- Shot Put
- 400 M Run
- Softball Throw
- 1500 M Race Walk
- Standing LJ
- 100 M Dash
- Running LJ
- 800 M Run
- High Jump
- 800 M Race Walk
- 200 M Run
- 400 M Race Walk

SHUFFLEBOARD: 9:00am @ MSC
- Singles
- Doubles Partner: ____________________
- Mixed Dbls Partner: ____________________

MAHJONG: 9:00 am @ MSC
- Deal Me In!
Black Hills Senior Games • July 23rd-27th, 2019
Participant Information Form • Please fill out both sides.
Return Registration by Monday, July 12, 2019

Name _____________________________________________________________
(Last)   (First)      (MI)                                      □ Male  □ Female
Address _____________________________________________________________
Home Phone ___________________
City ______________________________ State _______ Zip __________  Alt. Phone _____________________

Email Address (in all caps)_____________________________________________________________________

Age Category (Age as of 9/1/2019) □ 50-54 □ 55-59 □ 60-64 □ 65-69 □ 70-74 □ 75-79 □ 80-84
Date of Birth ____/____/____ □ 85-89 □ 90-94 □ 95-99 □ 100+

BHSG Entry Fee $8: Includes all events and Thursday evening picnic. $______

☐ Yes, I will be attending the picnic or  ☐ No, I will NOT attending the picnic

Additional Picnic Meals: # of tictets _____ x $5 each $______

T-shirt: $12 each or $15 for 2XL  Size: ___ S ___ M ___ L ___ XL ___ 2XL $______

Total Fees  (Please read and sign the waiver and select your events on the next page.) $______

Waiver & Hold Harmless Agreement

City of Rapid City Release Agreement for all Participants: In consideration of being permitted to participate or use any City facility in connection with this activity, the undersigned agrees to the following:

1. The undersigned hereby releases, waives, discharges and convenants not to sue the City of Rapid City, its employees, officers and agents (hereinafter referred to as “releasees”) from all liability to the undersigned, his or her personal representatives, assigns, heirs, and next of kin for any loss, damage, or claim therefore on account of injury to the person or property of the undersigned, whether caused by any negligent act or omission of the releasees or otherwise while the undersigned is participating in a City recreation activity or using any City facilities in connection with the activity.

2. The undersigned hereby agrees to indemnify, defend and hold harmless from all liability, claims, demands, causes of action, charges, expenses, and attorney fees (including attorney fees to establish the releasees right to indemnity or incurred on appeal) resulting from involvement in this activity whether caused by negligent act or omission of the releasees or otherwise.

3. The undersigned hereby assumes full responsibility for risk of bodily injury, death or property damage while upon City property or participating in the activity or using any City facilities and equipment whether caused by any negligent act or omission of releasees or otherwise. The undersigned expressly agrees that the foregoing release and waiver, indemnity agreement and assumption of risk are intended to be as broad and inclusive as permitted by South Dakota law and that if any portion thereof be held invalid, notwithstanding, the balance shall continue in full legal force and effect.

I acknowledge that I have read the foregoing and that I am aware of the legal consequences of this agreement, including that it prevents me from suing the City or its employees, agents, or officers if I am injured or damaged for any reason as a result of participation in this activity. I further acknowledge that no oral representations, statements or inducements have been made.

Individual over 18 yrs of age (print) ____________________________________________
Signature ____________________________________ Date __________________

return registration by Monday, July 12, 2019

WAIVER & HOLD HARMLESS AGREEMENT

CITY OF RAPID CITY RELEASE AGREEMENT FOR ALL PARTICIPANTS: IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE OR USE ANY CITY FACILITY IN CONNECTION WITH THIS ACTIVITY, THE UNDERSIGNED AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND CONVENANTS NOT TO SUE THE CITY OF RAPID CITY, ITS EMPLOYEES, OFFICERS AND AGENTS (HEREINAFTER REFERRED TO AS “RELEASEES”) FROM ALL LIABILITY TO THE UNDERSIGNED, HIS OR HER PERSONAL REPRESENTATIVES, ASSIGNS, HEIRS, AND NEXT OF KIN FOR ANY LOSS, DAMAGE, OR CLAIM THEREFORE ON ACCOUNT OF INJURY TO THE PERSON OR PROPERTY OF THE UNDERSIGNED, WHETHER CAUSED BY ANY NEGLIGENT ACT OR OMISSION OF THE RELEASEES OR OTHERWISE WHILE THE UNDERSIGNED IS PARTICIPATING IN A CITY RECREATION ACTIVITY OR USING ANY CITY FACILITIES IN CONNECTION WITH THE ACTIVITY.

2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY, DEFEND AND HOLD HARMLESS FROM ALL LIABILITY, CLAIMS, DEMANDS, CAUSES OF ACTION, CHARGES, EXPENSES, AND ATTORNEY FEES (INCLUDING ATTORNEY FEES TO ESTABLISH THE RELEASEES RIGHT TO INDEMNITY OR INCURRED ON APPEAL) RESULTING FROM INVOLVEMENT IN THIS ACTIVITY WHETHER CAUSED BY NEGLIGENT ACT OR OMISSION OF THE RELEASEES OR OTHERWISE.

3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE WHILE UPON CITY PROPERTY OR PARTICIPATING IN THE ACTIVITY OR USING ANY CITY FACILITIES AND EQUIPMENT WHETHER CAUSED BY ANY NEGLIGENT ACT OR OMISSION OF RELEASEES OR OTHERWISE. THE UNDERSIGNED EXPRESSLY AGREES THAT THE FOREGOING RELEASE AND WAIVER, INDEMNITY AGREEMENT AND ASSUMPTION OF RISK ARE INTENDED TO BE AS BROAD AND INCLUSIVE AS PERMITTED BY SOUTH DAKOTA LAW AND THAT IF ANY PORTION THEREOF BE HELD INVALID, NOTWITHSTANDING, THE BALANCE SHALL CONTINUE IN FULL LEGAL FORCE AND EFFECT.

I ACKNOWLEDGE THAT I HAVE READ THE FOREGOING AND THAT I AM AWARE OF THE LEGAL CONSEQUENCES OF THIS AGREEMENT, INCLUDING THAT IT PREVENTS ME FROM SUING THE CITY OR ITS EMPLOYEES, AGENTS, OR OFFICERS IF I AM INJURED OR DAMAGED FOR ANY REASON AS A RESULT OF PARTICIPATION IN THIS ACTIVITY. I FURTHER ACKNOWLEDGE THAT NO ORAL REPRESENTATIONS, STATEMENTS OR INDUCEMENTS HAVE BEEN MADE.

individual over 18 yrs of age (print) ____________________________________________
signature ____________________________________ date __________________