BLACK HILLS SENIOR GAMES
♦ JULY 17 - 20, 2018 ♦

RETURN YOUR FORMS TO:
RC Parks & Recreation Office
515 West Blvd. Rapid City, SD 57701
(M-F 7:30am - 4:00pm)

FOR MORE INFORMATION:
Visit www.rcparksandrec.org or call the
Parks & Rec Office at 605-394-4168

Registrations are due by: MONDAY, JULY 2, 2018
Please fill out BOTH sides of the form & make checks payable to City of Rapid City.
## SCHEDULE AT A GLANCE:

### July 16 - July 19
- **Golf (MGC or EGC)**

### Tuesday, July 17
- 9 am  Basketball (WCG); Jump Rope (WCG);
  - Bean Bags (WCG); Cycling (SPP)
- Noon  Pickelball Dbls & Mixed Dbls (CLSC);
  - WII Bowling (MSC); Mexican Train (MSC)
- 1 pm  Whist (CLSC)

### Wednesday, July 18
- 9 am  Horseshoes (SPP)
- 1 pm  Table Tennis (CLSC)
- 3 pm  Pickelball Singles (CLSC);
- 5 pm  Athletes Picnic (OSBIS)

### Thursday, July 19
- 9 am  Swimming (RPSC)
- 11:30 am  Shuffleboard (MSC)
- Noon  Hand & Foot (MSC); Texas Hold’Em (MSC)
- 1 pm  Bowling (ML);

### Friday, July 20
- 8 am  Track & Field (SPT)
- Noon  Pitch (MSC); Mahjong (MSC);
  - Pinochle (MSC)

## LOCATION KEY:

- **CLSC**  Canyon Lake Senior Center  
  2900 Canyon Lake Dr.
- **MSC**  Minneluzahan Senior Center  
  315 N 4th St.
- **SPT**  Sioux Park Track  
  2445 Canyon Lake Dr.
- **SPP**  Sioux Park Pavillion  
  940 Sheridan Lake Rd.
- **ML**  Meadowood Lanes  
  3809 Sturgis Rd.
- **RPSC**  Roosevelt Park Swim Center  
  125 Waterloo St.
- **WCG**  West Community Gym  
  1003 Soo San Dr.
- **MGC**  Meadowbrook Golf Course  
  3625 Jackson Blvd.
- **EGC**  Executive Golf Course  
  200 12th St.
- **OSBIS**  Old Storybook Island Shelter  
  2911 Canyon Lake Dr.

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### Basketball:
Free Throws and Field Goal Shooting Skills at West Community Gym (25 shot attempts)

### Bean Bag Toss:
50 throws at West Community Center Gym

### Billiards:
8-Ball Pool Men’s and Women’s Singles at Canyon Lake Senior Center (Double elimination format).

### Bowling:
Singles, Doubles & Mixed Doubles at Meadowood Lanes on Thursday from 1-7 pm. Leave your scorecard at Meadowood Lanes. 3 Games. Must provide your own partner. Additional fees of $3 per game payable to the lanes.

### Card Games:
House Rules Apply.

### Cycling:
1 mile & 5 mile Course Start/Finish Location will be at Sioux Park Pavillion.

### Golf:
9 holes at Executive Golf Course or 18 holes at Meadowbrook Golf Course anytime M - TH. Play must be completed by 5 pm on Thursday for qualifications. Leave your scorecard at the participating Golf Course. No Handicap/Raw Score.

### Horseshoes:
50 shoes at Sioux Park Pits.

### Jump Rope:
1 minute and 3 minutes at West Community Center Gym. Judged by the number of successful continuous jumps in designated minutes.

### Pickle Ball:
Singles, Doubles & Mixed Doubles at Canyon Lake Senior Center. Tournament format will be determined by the number of registrations. Partners need to be on your registration form.

### Shuffelboard:
Singles, Doubles, & Mixed Doubles at Minneluzahan Senior Center. Equipment will be provided.

### Swimming:
Events will take place at Roosevelt Park Swim Center. Rolling schedule.

### Table Tennis:
Singles, Doubles, & Mixed Doubles at Canyon Lake Senior Center. Tournament format TBD.

### Track & Field:
Will be a rolling schedule at Sioux Park Track Complex

### WII Bowling:
Singles only 3 games at Minneluzahan Senior Center

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## SCHEDULE CHANGES & UPDATES

Any changes or adjustments in schedule, location or event will be posted at the following facilities: Rapid City Parks & Recreation Office, Roosevelt Park Swim Center, Canyon Lake Senior Center & Minneluzahan Senior Center.
### JULY 16- JULY 19

**GOLF:** Requires Additional Fees (Scores Due 7/19 by 5pm)
- 9 Holes at Executive GC ($8 per player and $7.50 per person for riding carts and $5 for a pull cart rental)
- 18 Holes at Meadowbrook GC (Comped Green Fees, but Cart Fees apply $17 per person for 18 holes)

**CYCLING:**
- 9 am Start/Finish Location Sioux Park Pavilion
- 1 mile
- 5 miles

**BASKETBALL:**
- 9-11 am @ West Community Gym
- Field Goals
- Free Throws

**JUMPING ROPE:**
- 9-11 am @ West Community Gym
- 1 minute
- 3 minutes

**BEAN BAG TOSS:**
- 9-11 am @ West Community Gym
- 50 throws

**WII BOWLING:**
- 12 pm @ Minneluzahan Sr. Center
- Singles

**MEXICAN TRAIN:**
- 12 pm @ Minneluzahan Sr. Center
- Count Me In!

**WHIST:**
- 1 pm @ Canyon Lake Sr. Center
- Deal Me In!

**PICKLE BALL:**
- 3 pm @ Canyon Lake Sr. Center
- Doubles Partner: ____________________
- Mixed Dbls Partner: ____________________

### TUESDAY, JULY 17

**HORSESHOES:**
- 9-11 am @ Sioux Park Pits
- 50 throws

**TABLE TENNIS:**
- 1 pm @ Canyon Lake Sr. Center
- Singles
- Doubles Partner: ____________________
- Mixed Dbls Partner: ____________________

**PICKLE BALL:**
- 1 pm @ Canyon Lake Sr. Center
- Singles

**ATHLETE’S PICNIC:**
- 5 pm @ Old Storybook Island Shelter
- Yes, I will be attending.

**SCHEDULE CHANGES & UPDATES**
Any changes or adjustments in schedule, location or event will be posted at the following facilities: Rapid City Parks & Recreation Office, Roosevelt Park Swim Center, Canyon Lake Senior Center & Minneluzahan Senior Center.

### THURSDAY, JULY 19

**SWIMMING:** @ Roosevelt Park Swim Center
- 9 am Warm-up; 9:30 am Start

**Check-in 15 Minutes prior to start for the following:**
- 50 Yard Freestyle
- 100 Yard Breaststroke
- 200 Yard Backstroke
- 10 Minute Break if Needed
- 50 Yard Breaststroke
- 100 Yard Freestyle
- 200 Yard Freestyle
- 10 Minute Break if Needed
- 50 Yard Butterfly
- 100 Yard Ind. Medley
- 15 Minute Break If Needed
- 500 Yard Freestyle

**SHUFFLEBOARD:**
- 11:30 am @ Minneluzahan Sr. Center
- Singles
- Doubles Partner: ____________________
- Mixed Dbls Partner: ____________________

**HAND & FOOT:**
- 12 pm @ Minneluzahan Sr. Center
- Deal Me In!

**TEXAS HOLD’EM:**
- 12 pm @ Minneluzahan Sr. Center
- Deal Me In!

**BOWLING:** 1-7 pm @ Meadowood Lanes
- Requires additional Fees ($3 per game)
- Singles
- Doubles Partner: ____________________
- Mixed Dbls Partner: ____________________

### FRIDAY, JULY 20

**TRACK & FIELD EVENTS:**
- 8 am @ Sioux Park Track
- Track Events take priority over Field Events and will follow a rolling schedule:
  - 1500 M Run
  - 50 M Dash
  - 400 M Run
  - 1500 M Race Walk
  - 100 M Dash
  - 800 M Run
  - 800 M Race Walk
  - 200 M Run
  - 400 M Race Walk

**PITCH:**
- 12 pm @ Minneluzahan Sr. Center
- Deal Me In!

**PINOCHE:**
- 12 pm @ Minneluzahan Sr. Center
- Deal Me In!

**MAHJONG:**
- 12 pm @ Minneluzahan Sr. Center
- Deal Me In!
BLACK HILLS SENIOR GAMES ♦ JULY 17 - 20, 2018
PARTICIPANT INFORMATION FORM • PLEASE FILL OUT BOTH SIDES.
RETURN REGISTRATION BY MONDAY, JULY 2

Name ____________________________________________ □ Male □ Female
(Last)   (First)      (MI)
Address _______________________________________________ Home Phone ___________________
City ______________________________ State _______ Zip __________  Alt. Phone _____________________

Email Address (in all caps) _____________________________________________________________________

Age Category (Age as of 9/1/2018) □ 50-54 □ 55-59 □ 60-64 □ 65-69 □ 70-74 □ 75-79 □ 80-84
Date of Birth ____/____/____ □ 85-89 □ 90-94 □ 95-99 □ 100+

BHSG Entry Fee $5: Includes all events and Thursday evening picnic. $______
☐ yes, I will be attending the picnic or ☐ No, I will NOT attending the picnic

Additional Picnic Meals: # of tickets _____ x $5 each $______

T-shirt: $12 each or $15 for 2XL Size: ___ S   ___ M   ___ L   ___ XL   ___ 2XL $______

Total Fees (Please read and sign the waiver and select your events on the next page.) $______

WAIVER & HOLD HARMLESS AGREEMENT

CITY OF RAPID CITY RELEASE AGREEMENT FOR ALL PARTICIPANTS: IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE OR USE ANY CITY FACILITY IN CONNECTION WITH THIS ACTIVITY, THE UNDERSIGNED AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND CONVENANTS NOT TO SUE THE CITY OF RAPID CITY, ITS EMPLOYEES, OFFICES AND AGENTS (hereinafter referred to as “releasees”) from all liability to the undersigned, his or her personal representatives, assigns, heirs, and next of kin for any loss, damage, or claim therefore on account of injury to the person or property of the undersigned, whether caused by any negligent act or omission of the releasees or otherwise while the undersigned is participating in a City recreation activity or using any City facilities in connection with the activity.

2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY, DEFEND AND HOLD HARMLESS from all liability, claims, demands, causes of action, charges, expenses, and attorney fees (including attorney fees to establish the releasees right to indemnify or incurred on appeal) resulting from involvement in this activity whether caused by negligent act or omission of the releasees or otherwise.

3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE while upon City property or participating in the activity or using any City facilities and equipment whether caused by any negligent act or omission of releasees or otherwise. The undersigned expressly agrees that the foregoing release and waiver, indemnity agreement and assumption of risk are intended to be as broad and inclusive as permitted by South Dakota law and that if any portion thereof be held invalid, notwithstanding, the balance shall continue in full legal force and effect.

I ACKNOWLEDGE THAT I HAVE READ THE FOREGOING and that I am aware of the legal consequences of this agreement, including that it prevents me from suing the City or its employees, agents, or officers if I am injured or damaged for any reason as a result of participation in this activity. I further acknowledge that no oral representations, statements or inducements have been made.

Individual over 18 yrs of age (print) ____________________________________________

Signature ____________________________________ Date _______________________