

BLACK HILLS SENIOR GAMES

◆ JULY 17 - 20, 2018 ◆



RETURN YOUR FORMS TO:

RC Parks & Recreation Office
515 West Blvd. Rapid City, SD 57701
(M-F 7:30am - 4:00pm)

FOR MORE INFORMATION:

Visit www.rcparksandrec.org or call the
Parks & Rec Office at 605-394-4168

Registrations are due by: MONDAY, JULY 2, 2018

Please fill out BOTH sides of the form & make checks payable to City of Rapid City.

BLACK HILLS SENIOR GAMES ♦ JULY 17 - 20, 2018

SCHEDULE AT A GLANCE:

July 16 - July 19

Golf (MGC or EGC)

Tuesday, July 17

9 am Basketball (WCG); Jump Rope (WCG);
Bean Bags (WCG); Cycling (SPP)

Noon Pickelball Dbls & Mixed Dbls (CLSC);
WII Bowling (MSC); Mexican Train (MSC)

1 pm Whist (CLSC)

Wednesday, July 18

9 am Horseshoes (SPP)

1 pm Table Tennis (CLSC)

3 pm Pickelball Singles (CLSC);

5 pm Athletes Picnic (OSBIS)

Thursday, July 19

9 am Swimming (RPSC)

11:30 am Shufflebaord (MSC)

Noon Hand & Foot (MSC); Texas Hold'Em (MSC)

1 pm Bowling (ML);

Friday, July 20

8 am Track & Field (SPT)

Noon Pitch (MSC); Mahjong (MSC);
Pinochle (MSC)

LOCATION KEY:

CLSC	Canyon Lake Senior Center 2900 Canyon Lake Dr.
MSC	Minneluzahan Senior Center 315 N 4th St.
SPT	Sioux Park Track 2445 Canyon Lake Dr.
SPP	Sioux Park Pavillion 940 Sheridan Lake Rd.
ML	Meadowood Lanes 3809 Sturgis Rd.
RPSC	Roosevelt Park Swim Center 125 Waterloo St.
WCG	West Community Gym 1003 Soo San Dr.
MGC	Meadowbrook Golf Course 3625 Jackson Blvd.
EGC	Executive Golf Course 200 12th St.
OSBIS	Old Storybook Island Shelter 2911 Canyon Lake Dr.

Basketball: Free Throws and Field Goal Shooting Skills at West Community Gym (25 shot attempts)

Bean Bag Toss: 50 throws at West Community Center Gym

Billiards: 8-Ball Pool Men's and Women's Singles at Canyon Lake Senior Center (Double elimination format).

Bowling: Singles, Doubles & Mixed Doubles at Meadowood Lanes on Thursday from 1-7 pm. Leave your scorecard at Meadowood Lanes. 3 Games. Must provide your own partner. Additional fees of \$3 per game payable to the lanes.

Card Games: House Rules Apply.

Cycling: 1 mile & 5 mile Course Start/Finish Location will be at Sioux Park Pavillion.

Golf: 9 holes at Executive Golf Course or 18 holes at Meadowbrook Golf Course anytime M - TH. Play must be completed by 5 pm on Thursday for qualifications. Leave your scorecard at the participating Golf Course. No Handicap/Raw Score.

Horseshoes: 50 shoes at Sioux Park Pits.

Jump Rope: 1 minute and 3 minutes at West Community Center Gym. Judged by the number of successful continuous jumps in designated minutes.

Pickle Ball: Singles, Doubles & Mixed Doubles at Canyon Lake Senior Center. Tournament format will be determined by the number of registrations. Partners need to be on your registration form.

Shuffleboard: Singles, Doubles, & Mixed Doubles at Minneluzahan Senior Center. Equipment will be provided.

Swimming: Events will take place at Roosevelt Park Swim Center. Rolling schedule.

Table Tennis: Singles, Doubles, & Mixed Doubles at Canyon Lake Senior Center. Tournament format TBD.

Track & Field: Will be a rolling schedule at Sioux Park Track Complex

WII Bowling: Singles only 3 games at Minneluzahan Senior Center

SCHEDULE CHANGES & UPDATES

Any changes or adjustments in schedule, location or event will be posted at the following facilities: Rapid City Parks & Recreation Office, Roosevelt Park Swim Center, Canyon Lake Senior Center & Minneluzahan Senior Center.

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EVENT ENTRY FORM

JULY 16- JULY 19

GOLF: *Requires Additional Fees* (Scores Due 7/19 by 5pm)

- 9 Holes at Executive GC (\$8 per player and \$7.50 per person for riding carts and \$5 for a pull cart rental)
- 18 Holes at Meadowbrook GC (*Comped Green Fees, but Cart Fees apply \$17 per person for 18 holes*)

TUESDAY, JULY 17

CYCLING: 9 am Start/Finish Location Sioux Park Pavillion

- 1 mile
- 5 miles

BASKETBALL: 9-11 am @ West Community Gym

- Field Goals
- Free Throws

JUMPING ROPE: 9-11 am @ West Community Gym

- 1 minute
- 3 minutes

BEAN BAG TOSS: 9-11 am @ West Community Gym

- 50 throws

WII BOWLING: 12 pm @ Minneluzahan Sr. Center

- Singles

MEXICAN TRAIN: 12 pm @ Minneluzahan Sr. Center

- Count Me In!

WHIST: 1 pm @ Canyon Lake Sr. Center

- Deal Me In!

PICKLE BALL: 3 pm @ Canyon Lake Sr. Center

- Doubles Partner: _____
- Mixed Dbls Partner: _____

WEDNESDAY, JULY 18

HORSESHOES: 9-11 am @ Sioux Park Pits

- 50 throws

TABLE TENNIS: 1 pm @ Canyon Lake Sr. Center

- Singles
- Doubles Partner: _____
- Mixed Dbls Partner: _____

PICKLE BALL: 1 pm @ Canyon Lake Sr. Center

- Singles

ATHLETE'S PICNIC: 5 pm @ Old Storybook Island Shelter

- Yes, I will be attending.

THURSDAY, JULY 19

SWIMMING: @ Roosevelt Park Swim Center
9 am Warm-up; 9:30 am Start

Check-in 15 Minutes prior to start for the following:

- | | |
|--|---|
| <input type="checkbox"/> 50 Yard Freestyle | <input type="checkbox"/> 50 Yard Breaststroke |
| <input type="checkbox"/> 100 Yard Breaststroke | <input type="checkbox"/> 100 Yard Backstroke |
| <input type="checkbox"/> 200 Yard Backstroke | <input type="checkbox"/> 200 Yard Freestyle |
| 10 Minute Break if Needed | 10 Minute Break if Needed |
| <input type="checkbox"/> 50 Yard Backstroke | <input type="checkbox"/> 50 Yard Butterfly |
| <input type="checkbox"/> 100 Yard Freestyle | <input type="checkbox"/> 100 Yard Ind. Medley |
| <input type="checkbox"/> 200 Yard Breaststroke | 15 Minute Break If Needed |
| 10 Minute Break if Needed | <input type="checkbox"/> 500 Yard Freestyle |

SHUFFLEBOARD: 11:30 am @ Minneluzahan Sr. Center

- Singles
- Doubles Partner: _____
- Mixed Dbls Partner: _____

HAND & FOOT: 12 pm @ Minneluzahan Sr. Center

- Deal Me In!

TEXAS HOLD'EM: 12 pm @ Minneluzahan Sr. Center

- Deal Me In!

BOWLING: 1-7 pm @ Meadowood Lanes

Requires additional Fees (\$3 per game)

- Singles
- Doubles Partner: _____
- Mixed Dbls Partner: _____

FRIDAY, JULY 20

TRACK & FIELD EVENTS: 8 am @ Sioux Park Track
Track Events take priority over Field Events and will follow a rolling schedule:

- | | |
|---|---|
| <input type="checkbox"/> 1500 M Run | <input type="checkbox"/> Discus |
| <input type="checkbox"/> 50 M Dash | <input type="checkbox"/> Shot Put |
| <input type="checkbox"/> 400 M Run | <input type="checkbox"/> Softball Throw |
| <input type="checkbox"/> 1500 M Race Walk | <input type="checkbox"/> Standing LJ |
| <input type="checkbox"/> 100 M Dash | <input type="checkbox"/> Running LJ |
| <input type="checkbox"/> 800 M Run | <input type="checkbox"/> High Jump |
| <input type="checkbox"/> 800 M Race Walk | |
| <input type="checkbox"/> 200 M Run | |
| <input type="checkbox"/> 400 M Race Walk | |

PITCH: 12 pm @ Minneluzahan Sr. Center

- Deal Me In!

PINOCHLE: 12 pm @ Minneluzahan Sr. Center

- Deal Me In!

MAHJONG: 12 pm @ Minneluzahan Sr. Center

- Deal Me In!

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PARTICIPANT INFORMATION FORM ♦ PLEASE FILL OUT BOTH SIDES.

RETURN REGISTRATION BY MONDAY, JULY 2

Name _____ Male Female
(Last) (First) (MI)

Address _____ Home Phone _____

City _____ State _____ Zip _____ Alt. Phone _____

Email Address (in all caps) _____

Age Category (Age as of 9/1/2018) 50-54 55-59 60-64 65-69 70-74 75-79 80-84

Date of Birth ____/____/____ 85-89 90-94 95-99 100+

BHSG Entry Fee \$5: Includes all events and Thursday evening picnic. \$ _____

yes, I will be attending the picnic or No, I will NOT attending the picnic

Additional Picnic Meals: # of tickets _____ x \$5 each \$ _____

T-shirt: \$12 each or \$15 for 2XL Size: ___ S ___ M ___ L ___ XL ___ 2XL \$ _____

Total Fees (Please read and sign the waiver and select your events on the next page.) \$ _____

WAIVER & HOLD HARMLESS AGREEMENT

CITY OF RAPID CITY RELEASE AGREEMENT FOR ALL PARTICIPANTS: IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE OR USE ANY CITY FACILITY IN CONNECTION WITH THIS ACTIVITY, THE UNDERSIGNED AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND CONVENANTS NOT TO SUE THE CITY OF RAPID CITY, ITS EMPLOYEES, OFFICES AND AGENTS (hereinafter referred to as "releasees") from all liability to the undersigned, his or her personal representatives, assigns, heirs, and next of kin for any loss, damage, or claim therefore on account of injury to the person or property of the undersigned, whether caused by any negligent act or omission of the releasees or otherwise while the undersigned is participating in a City recreation activity or using any City facilities in connection with the activity.

2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY, DEFEND AND HOLD HARMLESS from all liability, claims, demands, causes of action, charges, expenses, and attorney fees (including attorney fees to establish the releasees right to indemnity or incurred on appeal) resulting from involvement in this activity whether caused by negligent act or omission of the releasees or otherwise.

3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE while upon City property or participating in the activity or using any City facilities and equipment whether caused by any negligent act or omission of releasees or otherwise. The undersigned expressly agrees that the foregoing release and waiver, indemnity agreement and assumption of risk are intended to be as broad and inclusive as permitted by South Dakota law and that if any portion thereof be held invalid, notwithstanding, the balance shall continue in full legal force and effect.

I ACKNOWLEDGE THAT I HAVE READ THE FOREGOING and that I am aware of the legal consequences of this agreement, including that it prevents me from suing the City or its employees, agents, or officers if I am injured or damaged for any reason as a result of participation in this activity. I further acknowledge that no oral representations, statements or inducements have been made.

Individual over 18 yrs of age (print) _____

Signature _____ Date _____