

connect · prevent · support





The Helpline Center....

- * Mission Statement: Making lives better by giving support, offering hope and creating connections all day, every day.
- * Three programs in the Black Hills:
 - * 211 Resource Line
 - Volunteer Connections program
 - Suicide and Crisis Support



The Helpline Center....

- * 211 is federally designated number 90% of country
- * 24/7 call center + resource database
- * 211 is available in the Sioux Empire, Black Hills, Brookings, Madison, Huron, Vermillion, Yankton areas (16+ counties). 70 percent of SD now has access to 211.
- Suicide and Crisis Support is available statewide
- * Volunteer Center in Sioux Empire, Black Hills, and Brookings

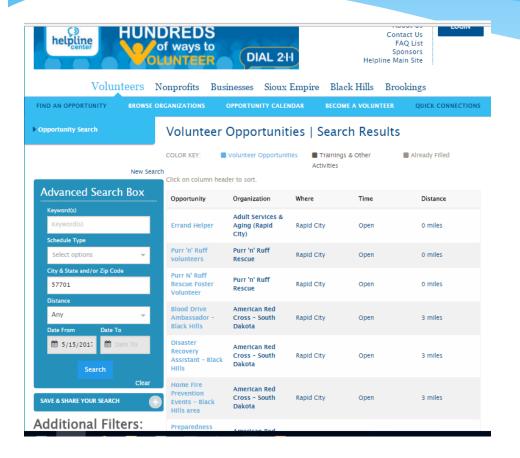
Volunteer Connections

* We are the community's connection point between Black Hills area non-profit organizations and people who want to volunteer. An <u>online database</u> at www.helplinecenter.org features hundreds of ways to volunteer at local non-profits. Individuals, groups, families and companies can also receive personal assistance in finding volunteer opportunities by dialing 211.

DIAL 2·1·1

helplinecenter.org

Everything revolves around online database at helplinecenter.org





helplinecenter.org

Database numbers

- * We recruit volunteers for 148 Rapid City/Black Hills area nonprofits.
- * Approximately **200** volunteer opportunity dates on the public database at helplinecenter.org.



What does Volunteer Connections offer?

- * Weekly email/text 1,500+ people.
- * Volunteers call 211 to get connected or access the online database.
- * Volunteer of the Month.
- * 3rd Annual Volunteer EXPO Oct. 28.
- * Annual Volunteer Manager Training (2 day).
- * Brown Bag Luncheons.
- * Spirit of Volunteerism Awards 2016 event 47 nominated & 325 attended.



Volunteer email





For Immediate Release May 30, 2017 Contact: Lynn Taylor Rick

Contact Number: Dial 211 or 274-1429

Building a Better Community Through Volunteering

For information on these volunteer opportunities, and <u>hundreds of others</u> in the community, click on the links, dial 211 or visit <u>www.helplinecenter.org</u>.

Assembling football pool books

Canyon Lake Senior Center is in need of volunteers to assemble football pool books, which are sold annually as a fundraiser. Approximately six to eight volunteers are needed mid-June, with the exact times yet to be determined.

Gardening with Residents

Every Monday from 1 p.m. to 2 p.m., the Mercy Housing Northern Heights gardening club gets out to work in the community garden. Mercy Housing invites volunteers who enjoy gardening to join them each week or as available. Mercy Housing has partnered with Feeding South Dakota to donate some of the harvest back into the community to feed those in need.

Performance camp volunteers

The Rapid City Arts Council education department is in need of volunteers for the summer performance camps. Volunteers are needed at the following camps: "Rotten to the Core," June 19-23, 9 a.m. to 4 p.m.; "Down the Rabbit Hole," July 24-28, 9 a.m. to 4 p.m.; and "Retro Fresh," August 7-11, 9 a.m. to 4 p.m. Camp volunteers assist instructors in the classroom with various duties, including setting up the art room, working with students to complete projects, monitoring breaks for the younger students, interacting with students, helping children follow directions to ensure completion of art work, and cleaning the classroom after class. In addition, volunteers assist with setting up student art exhibits or performances, building sets and props, making costumes, painting backdrops and other duties as assigned.

Unpacking & organizing food shipment

Volunteers of America seeks volunteers to help unload and organize a shipment of food for the Ryan White program. Through the Ryan White program, Volunteers of America provides financial and clinical assistance to HIV-positive adults who are living at or below 300% of the poverty level. Volunteers must be able to lift heavy boxes and be able to comfortably bend and squat.

If you wish to no longer receive these emails, send an email to lynn@helplinecenter.org with "unsubscribe" in the subject line.

Volunteer Text

















DIAL 2:1:1
helplinecenter.org





VOLUNTEER EXPO





























2017 Summer of DIY

Do It Yourself Volunteer Project: Donate Baked Goods



PROJECT OVERVIEW:

Have you always wanted to share Grandma's chocolate chip cookie recipe? Do you enjoy baking,

Have you always wanted to share grandma's chocolate chip cookie recipe? This DIV unlinteer project can

have you always wanted to share setting around on the counter? This DIV unlinteer project can Have you always wanted to share Grandma's chocolate chip cooke recipe? Do you enjoy baking, but don't want all of those goodles sitting around on the counter? This DIY volunteer project can be used to have a finite content will deliver your donated baked good to local nonorofit organizations. but don't want all of those goodles sitting around on the counter/ I his DIY volunteer project can help! The Helpline Center will deliver your donated baked good to local nonprofit organizations.



ITEMS NEEDED:

- 1. Pantry items (per recipe) 2. Bowls and kitchen utensils
- 3. Baking pans/sheets
- 4. Air-tight bags or containers (you are willing to give away)



WHAT TO DO:

- 1) Gather needed materials
- 2) Follow directions per recipe
- 3) Completely cool baked good 4) Place baked goods in air-tight bag or container

- Don't have Grandma's recipe? Try searching Pinterest or . If you have extra time, host a bake sale and donate the

- Once your DIY volunteer projects are complete, please deliver them to your local Helpline Center
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 - PROMOTE:

 Share with the Helpline Center, family and friends by posting a picture and/or comment about the share with the Helpline Center, family and friends by posting a picture and/or comment about the Share with the Helpline Center with hashtag #DIYVOLSD experience on our Facebook page or Tweeting us @HelplineCenter with hashtag #DIYVOLSD. CAPITAL SERVICES KOURL POET Avera # SERVICES













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Corporation for NATIONAL & COMMUNITY SERVICE***

VolunteeringinAmerica.gov

#GoVolunteer

#GoVolunteer

VolunteeringinAmerica.gov







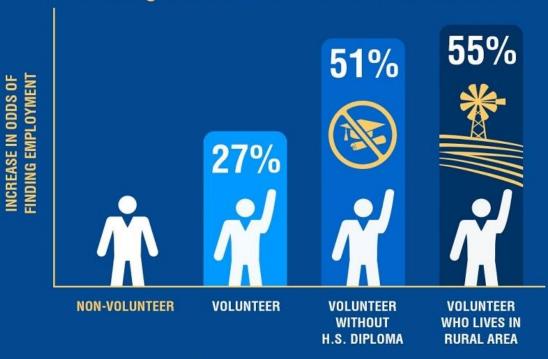
Value of a Volunteer Hour





VOLUNTEERING BOOSTS JOB PROSPECTS

Volunteers have **higher odds of finding a job** after being out of work than non-volunteers



Source: Volunteering In America Report: htttp://www.volunteeringinamerica.gov



Already have a job? Excel in the Workplace

Volunteerism allows individuals to develop key skills that are essential to success in the workforce. These skills include: leadership, communications, fundraising/business development, patience, problem solving, public speaking, and coaching/mentoring, among others.

Source: Youth Service America: http://ysa.org/whats-in-it-for-me/



Stay Happy and Healthy

Research conducted by UnitedHealth Group reveals that volunteers are more likely than non-volunteers to consider themselves in excellent or very good health.

There is also a strong connection between volunteering and mental/emotional health: doing good helps us to stress less, and <u>less stress</u> is an important component to staying healthy.

Source: Youth Service America: http://ysa.org/whats-in-it-for-me/

Happy! Happy! Happy!





Be Happy, Volunteer!



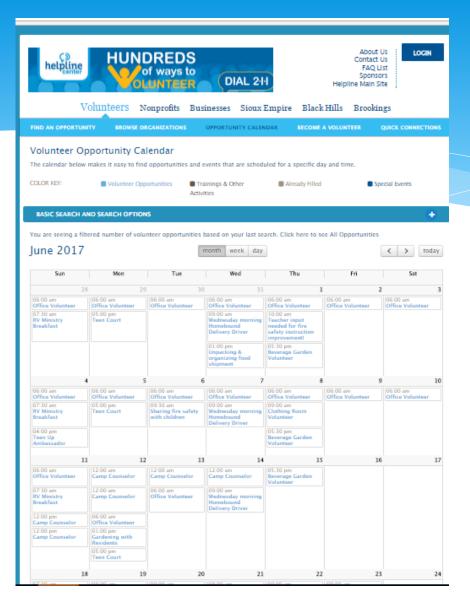


Where do I start?



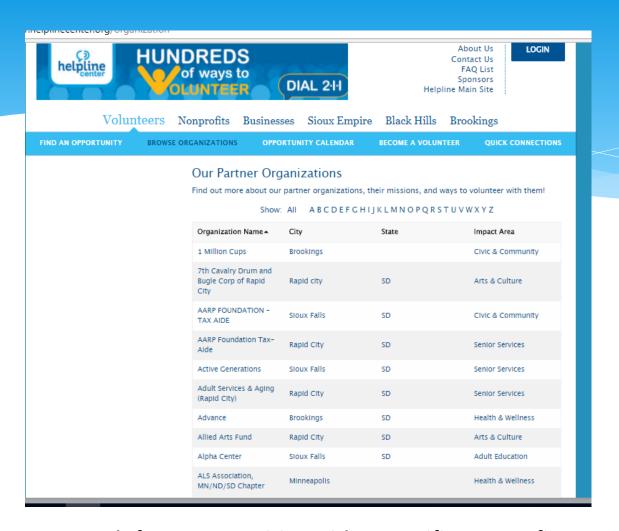
CLICK HERE TO ACCESS

VOLUNTEER DATABASE



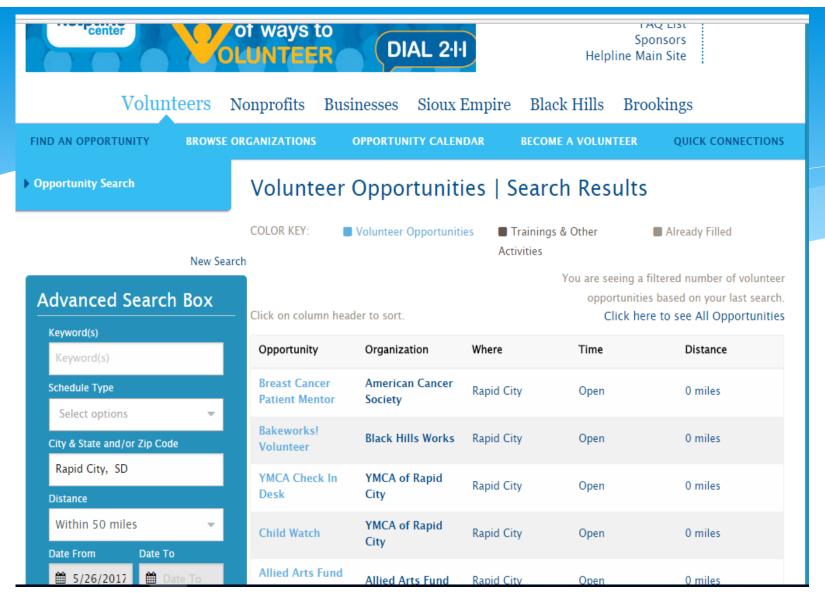
Search the calendar for time and date specific volunteer opportunities.





Search for opportunities with a specific nonprofit organization.





Search the database to see all volunteer opportunities listed.



Opportunity Details

Day Center Volunteer

Hope Center | http://www.hopecenterrapidcity.org

The HOPE Center has openings for day center volunteers in Rapid City and is a faith-based organization. The main duties would include processing daily mail, answering phones, taking messages, being involved with a daily devotional, and interacting with guests.

We are looking for positive and passionate individuals who will enjoy working with those who are experiencing poverty in Rapid City and are willing to learn about how poverty affects the community as a whole.

To volunteer, Express Interest below. For more information, call 605-716-4673

SHARE THIS OPPORTUNITY

Express Interest



ISSUE AREA(S)

Hunger & Homelessness, Faith-Based Service

POPULATION SERVED

Families, Homeless, Immigrants, Refugees or Ethnic Groups, Low-income communities, Military/Veterans, People with Disabilities, People with Health-based Concerns

REQUIREMENTS

Age Minimum (with Adult):18+, Minimum Age:18+

Select an opportunity that is of interest and read more or Express Interest at the bottom of the description to send an automatic email to the nonprofit agency with your contact information.



Thank You!



Lynn Taylor Rick, Volunteer Connections Coordinator

Direct line: 605-274-1429

Community Resources: Dial 2-1-1

www.helplinecenter.org

lynn@helplinecenter.org