

WEST RIVER RSVP+

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August 2021

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Hello!

I hope this newsletter finds you doing well and enjoying summer! It has definitely been a hot one, but I am definitely not complaining. Before we know it the 'S word' will be greeting us with its presence, and I for one am not ready for that!

We have some exciting news to share on the grant end of the program. We have been able to consolidate our two federal RSVP grants, and we are now one big RSVP program that covers 10 counties in western South Dakota. Up until recently we have been operating as Black Hills RSVP+ and Northern Hills RSVP. This has created a lot of paper work on our end, and our goal has always been to be one big program. Nothing will change on your end. You will still contact myself or Lorann with any questions you may have, to sign up for volunteer opportunities or to report hours. Our offices will still be in the same locations in Rapid City and Spearfish. The only thing you will see differently is our name. We will no longer be known as Black Hills RSVP and Northern Hills RSVP, we will be known as **West River RSVP!** So if you see any media coverage, ads in newspapers, or other items relating to West River RSVP that is us. We hope this will streamline our program and be less confusing for people. It will definitely make federal reporting easier!!

Some of you have asked about our annual recognition events that have been held in September in the past. With us having to move the events to January (Rapid City) and March (Spearfish) this year, we will not be having the events in September. We will be hosting recognition events but they will not be in September. Stay tuned for the dates.

A friendly reminder, if you have a new phone number, have gotten rid of your land line and have only a cell phone, a new email address or have moved please contact the office with your updated contact information. We have been trying to get in contact with some of you, but have invalid phone numbers. We want to make sure you don't miss out on anything fun!

As always **thank you** for all that you do to make your community a better place through volunteering. I appreciate each and every one of you. - All the best, *Ann*

Welcome New Volunteers

Orin Bader, Janet Baker, William Bosch, Richard Cleveland, Dayle Finke, Dora Jean Garlick, Gary Goodrich, Joanne Goodrich, Karen Greetis, Gary Helmer, Dr. Rose Jarvis, Janeen Larsen, Paula Lee, Linda Lester, Charles (Mike) Madler, Connie McDonald, Mariana Meza+, Angelique Michael+, Larry Miller Carol Ness, Mary Nygaard, Sam Perry, Donald Petersen, Robin Pladson, Darrell Pulscher, Gary Renner, Dianne Scott, Gillian Scott-Roybal, Jon Veltman, Betty Weyrauch, Cheryl Wormstadt
(+indicates under 55)



HAPPY BIRTHDAY!

JULY: Mary Jo Anderson, Jessica

Ashford, Charlotte Baak, Vincent Bailon, Gloria Baker, Romona Beck, Brandy Boardman, Zachary Boeve, Charleen Bryan, Ruth Burke, Carla Dailey, Ethel Deckert, Barbara Dybdahl, Dana Eberhard, Shirley Edwards, Josh Ellis, Bel Felix, Joshua Garcia Hopp, Michele Goodwin, Carol Grothe, Joy Harris, Dale Hemminger, Teresa Hill, Dan Hines, Garlet Hocke, Robert Hodgins, Bernard Iszler, Vickie Jacobson, Charles Juhala, Dan Kneip, Robert Knox, Thelma Knutson, Steve Langenbau, Robert Limbaugh, Liz Lorang, Cassandra Lunderman, Sarah Luu, Anna Maeschen, Marleah McClain, May McKnight, Jim McRenalds, Irma Means, Bob Melvin, Diane Metzger, Randy Mickel, Michelle Morin, Jo Mundaniohl, John Nickel, Ritchie Nordstrom, Donna Page, Kathrine Palmer, Mary Pavliceck, Terry Prante, Marian Reed, Gary Renner, Joel Reynolds, June Rose, Mary Roybal, Eufina Scherr, Sharon Lee Shuff, Linda VanGerpen, Hailey Vielmette, Ivan (Mike) Weaver, Heidi Weaver-Norris, Milo Winter, Norma Word, Lynette Wyatt

AUGUST: Sharon Allard, Mary Austin, Bob Belchic, Angie Boeve, Hazel Bonner, Karen Buchholz, Ruth Curtis, Larry Cvancara, Janice Dixon, Lila Doud, Lydia Emery, Daniela Fortier, Cora Fried, Helen Ann Friedt, Marvin Friedt, Ellen Funke, Rachael Galbraith, Jak Gigliotti, Mary Gilbertson-Lee, Pam Glynn, Rose Goodro, Linda Grenz, Alyce Harich, Lynnette Hayford, Jerri Heggem, Vicky Hix, Larry Hoback, Gary Holst, Harry Hunt, Lynda Jacquot-Imberi, Troy Kilpatrick, Darlene Kokesh, Marlene Kotab, Justina Kruse, Lori Lois Kunka, Donald Lantz, Clarence Larson, Lori Learned, Paula Lee, Kenneth Lorang, Jamie Lowry, Diane MacDonald, Aleeya Malik, Connie McDonald, Sierra McGrady, Mary Linda Mead, Mariana Meza, Cleo Miller, Tommy Moore, Ray Morgan, Nona Muckle, Glenda Nedved, Ethel Oldenkamp, Bob Oliver, Rose Plenty Wounds, Erica Restemayer, Lisa Routt, Lisa Rynders, Doug Schmidt, Cindy Schuman, Laceta, Setera, Barry Sullivan, Jack Sutton, Art Thompson, Kimberly Tollison, Victoria Toner, Debra Torgerson, Lillian Trautman, Julia Vansco, Richard Wahlstrom, Vera Wentz, Teri Wickstrom

SEPTEMBER: Jamil Abourezk, Sue Aker, Orin Bader, Bernice Berg, Jane Bogner, Annette Brant, Robert Britt, Darlayne Buchli, Susan Burich, Richard Deaver, Susan Douglas, Bonnie Ellingson, Douglas Estes, Rex A. Field, Everett Follette, Sandra Franke, Bonnie Fugate, Rodney Garnett, Phyllis Gilbertson, Patty Golz, Nancy Harder, Marilyn Hershly, Harlene Hill, Martha Hollis, Faith Houston, Rosalee Johnson, Chris Linder, Brenda Luedtke, Victoria MacDonald, Delphine Maier, Jan McArthur, Berdelia Mehlhaff, Marge Mehlhaff, Dyan Nagel, Gary Nelson, Marcia Osborn, Audrey Petersen, Ralph Pettersen, Jazzmyn Potter, Chloe Rudd, Bailey Ruff, Marie Sisley, Theola Stetson, Sherry Svarstad, Donna Belle Talty, Tina Waring, Wanda Wells, Anton Werlinger, Janice Williams

Volunteer Opportunities

If interested in any of the opportunities listed below, please call the RSVP office at 394-2507.

Front Desk Help: The Hope Center is looking for volunteers to work the front desk. You will help answer the phones, sort and hand out mail. Days and times are flexible.

Belle Fourche Senior Citizen Center: The center is looking for help delivering meals to residents during the lunch hour. BFSCC prepares and delivers meals to members and the general public. They are also looking for volunteers to call members weekly to check in and make sure they are doing ok. This can be done from the comfort of your home, so you do not need to live in Belle Fourche!

Spearfish Meals on Wheels: Help is needed to deliver meals on Wednesdays and Fridays from 10:30 – 11:30 a.m. They are also in need of people willing to fill in as needed.

What's cookin'??

It's that time of year for fresh sweet corn!

Growing up on a dairy farm in central Minnesota we ate A LOT of sweet corn.

I vividly remember going out to the field and picking buckets and buckets of fresh corn. I also remember a time or two my brothers and I accidentally picked field corn instead of sweet corn. Definitely not the same as sweet corn!!

GRILLED MEXICAN STREET CORN

Ingredients

- Vegetable oil
- 4 ears of corn, husked
- 1/2 tsp. salt
- 1/2 tsp. pepper
- 1/4c. store-bought or homemade chipotle mayonnaise
- 1/4 c. grated fresh Cotija cheese

Chipotle Mayonnaise Recipe

- 1/4 c. mayonnaise
 - 1 tbsp. adobo sauce from a can of chipotle chilies
 - Stir ingredients until well mixed.
 - You may also find premade chipotle mayo at the grocery store.
1. Prepare grill for medium-high heat or heat a grill pan over medium-high; Oil grate or pan.
 2. Lightly brush corn with oil and season with salt and pepper.
 3. Grill, covered, until tender and well charred, 4-5 minutes per side. Let cool slightly.
 4. Spread each ear with 1 tbsp. chipotle mayo and sprinkle with 1 tbsp. Cotija cheese.

This recipe should work if you prefer to boil your corn.

In Loving memory of:

May the road rise to meet you. May the wind be always at your back. May the sun shine warm upon your face, and the rains fall soft upon your fields. Until we meeting again,

• Unknown Author

Allen Bishop, Helen Churchwell,
Marvin Miessner, Margaret Schelske

VOLUNTEER OF THE QUARTER!

Dean and Edna Steinberg

Have been named our

OUTSTANDING VOLUNTEERS OF THE QUARTER!



Dean joined RSVP+ in 2010. During his over 11 years of service, he has provided more than 4,400 hours of volunteer service to our community. Dean is very active with the Canyon Lake Activity Center. At CLAC he is an expert rug loomer, assists with rummage sales, gardening and has helped with numerous meals at the center. He has also volunteer with the SD National Guard.

Edna joined RSVP the same time as Dean in 2010. Over her 11 years of service, she has provided more than 3,500 hours of service to our community. Edna is also very active with the Canyon Lake Activity Center. She assists with gardening, various activities, rummage sales, meals and has helped write grants for the center in the past. She has also volunteered with the SD National Guard.

We are truly grateful for their contributions to our community through volunteer work, and are very honored to recognize Dean and Edna as our **VOLUNTEERS OF THE QUARTER!** Thank you for all that you do for your community!



DON'T FORGET TO TURN YOUR TIMESHEET BY THE 10TH OF EACH MONTH.

West River RSVP+

333 6th Street

Rapid City, SD 57701

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MEMORIALS/DONATIONS

Donations to assist in maintaining RSVP+ are very important and appreciated. Please consider a gift to help sustain RSVP+ in our community by clipping the form below and mail to: RSVP+, 333 6th Street, Rapid City, SD 57701

My gift of \$_____ to the West River Retired Senior Volunteer Program is enclosed. Please provide the following information:

NAME_____

ADDRESS_____

CITY_____ ***STATE***_____ ***ZIP*** _____

Thank you for supporting the endeavors of the Retired Senior Volunteer Program+

Contact Us

Give us a call for more information about volunteer opportunities in your community.

West River RSVP+

**333 6th Street, Rapid City,
SD, 57701**

(605) 394-2507

West River RSVP

**540 Heritage Drive Suite 5,
Spearfish, SD 57783**

(605) 394-2507

Visit us on the web at

[https://www.rcgov.org/
departments/finance/r-svp-
retired-senior-volunteer-
program.html](https://www.rcgov.org/departments/finance/r-svp-retired-senior-volunteer-program.html)