33rd Annual Black Hills Senior Games ♦ July 19 - 22, 2017 ♦

Schedule at a Glance:

**July 19 - July 21**
Golf (MGC or EGC)

**Wednesday, July 19**
8:30 am Cycling (SPP)
9 am 10 Point Pitch (MSC); Basketball (WCG); Jump Rope (WCG); Bean Bags (WCG)
1 pm Pinochle (MSC) WII Bowling (MSC)
2 pm Badminton (CLSC)
4 pm Tennis (SPTC)
5 pm Omaha Poker (CLSC)

**Thursday, July 20**
8 am Horseshoes (SPP)
9 am Hand & Foot (CLSC); Mahjong (MSC);
8-Ball Pool (CLSC); Shuffleboard (MSC)
1 pm Bowling (ML); Pickelball (CLSC);
Hand & Foot (MSC)
4 pm Athletes Picnic (OSBIS)
6 pm Raquetball (RPSC)

**Friday, July 21**
9 am Whist (MSC); Swimming Session I (RPSC)
1 pm Cribbage (MSC)
1:30 pm Volleyball (CLSC)
3:30 pm Table Tennis (CLSC)
5 pm Texas Hold’Em (CLSC)
5:30 pm Swimming Session II (RPSC)

**Saturday, July 22**
7 am 5K Run/Walk (SPP)
8 am Spin Casting (SPT); Track & Field (SPT)
9:30 am Dancing Clinic (CLSC)
4 pm Athletes Dinner (CLSC)** Additional Fee

Location Key:

CLSC Canyon Lake Senior Center
2900 Canyon Lake Dr.

MSC Minneluzahan Senior Center
315 N 4th St.

SPT Sioux Park Track or
SPTC Sioux Park Tennis Courts
2445 Canyon Lake Dr.

SPP Sioux Park Pavillion
940 Sheridan Lake Rd.

ML Meadowood Lanes
3809 Sturgis Rd.

RPSC Roosevelt Park Swim Center
125 Waterloo St.

WCG West Community Gym
1003 Soo San Dr.

MGC Meadowbrook Golf Course
3625 Jackson Blvd.

EGC Executive Golf Course
200 12th St.

OSBIS Old Storybook Island Shelter
2911 Canyon Lake Dr.

TBD To Be Determined
5K Run/Walk: Route will be from Sioux Park Pavilion to Founders Park and back along the bike path.

Badminton: Singles, Doubles, and & Mixed Doubles. Round Robin Tournament format.

Basketball: Free Throws and Field Goal Shooting Skills at West Community Gym (25 shot attempts)

Bean Bag Toss: 50 throws at West Community Center Gym

Billiards: 8-Ball Pool Men’s and Women’s Singles at Canyon Lake Senior Center (Double elimination format).

Bowling: Singles, Doubles & Mixed Doubles at Meadowood Lanes on Thursday from 1-7 pm. Leave your scorecard at Meadowood Lanes. 3 Games. Must provide your own partner.


Cycling: 1 mile & 5 mile Course Start/Finish Location will be at Sioux Park Pavillion.

Dancing Clinic: Debbie Ellerton of Heartland Dancing will be providing a two hour dance clinic at Canyon Lake Senior Center.

Golf: 9 holes at Executive Golf Course or 18 holes at Meadowbrook Golf Course anytime Monday - Friday. Play must be completed by 5 pm on Friday for qualifications. Leave your scorecard at the participating Golf Course. No Handicap/Raw Score.

Horseshoes: 50 shoes at Sioux Park Pits.

Jump Rope: 1 minute and 3 minutes at West Community Center Gym. Judged by the number of successful continuous jumps in designated minutes.

Pickle Ball: Singles, Doubles & Mixed Doubles at Canyon Lake Senior Center. Tournament format will be determined by the number of registrations.

Racquetball: Singles, Doubles, & Mixed Doubles at Roosevelt Park Swim Center. Round Robin tournament format.

Shuffleboard: Singles, Doubles, & Mixed Doubles at Minneluzahan Senior Center. Equipment will be provided.

Spincasting: Scored based upon accuracy and distance,. Rods can be steel, fiberglass, graphite or bamboo. Sioux Park Track complex Infield.

Swimming: Events will take place at Roosevelt Park Swim Center. Two sessions will be available with a rolling schedule. You only have to compete at one session.

Table Tennis: Singles, Doubles, & Mixed Doubles at Canyon Lake Senior Center. Round Robin tournament format.

Tennis: Singles, Doubles, & Mixed Doubles Round Robin tournament format.

Track & Field: Will be a rolling schedule at Sioux Park Track Complex

Volleyball: Team 6 on 6 volleyball to be played at Canyon Lake Senior Center. Tournament format to be determined by the number of teams.

WII Bowling: Singles only 3 games at Minneluzahan Senior Center

Schedule Changes & Updates
Any changes or adjustments in schedule, location or event will be posted at the following facilities:
Rapid City Parks & Recreation Office
Roosevelt Park Swim Center
Canyon Lake Senior Center
Minneluzahan Senior Center

Any questions call 605-394-4168
**BLACK HILLS SENIOR GAMES • JULY 19 - 22, 2017**

### JULY 19 - JULY 21

**GOLF:** Requires Additional Fees (Scores Due 7/21 by 5pm)
- 9 Holes at Executive GC
- 18 Holes at Meadowbrook GC

**WEDNESDAY, JULY 19**

**CYCLING:** 8:30 am Start/Finish Location Sioux Park Pavilion
- 1 mile
- 5 miles

**BASKETBALL:** 9-11 am @ West Community Gym
- Field Goals
- Free Throws

**JUMPING ROPE:** 9-11 am @ West Community Gym
- 1 minute
- 3 minutes

**BEAN BAG TOSS:** 9-11 am @ West Community Gym
- 50 throws

**WII BOWLING:** 1 pm @ Minneluzahan Sr. Center
- Singles
- Doubles Partner: ______________________
- Mixed Dbls Partner: ______________________

**JUMPING ROPE:** 9-11 am @ West Community Gym
- 1 minute
- 3 minutes

**BEAN BAG TOSS:** 9-11 am @ West Community Gym
- 50 throws

**WII BOWLING:** 1 pm @ Minneluzahan Sr. Center
- Singles
- Doubles Partner: ______________________
- Mixed Dbls Partner: ______________________

**TENNIS:** 4 pm @ Sioux Park Tennis Complex
- Singles
- Doubles Partner: ______________________
- Mixed Dbls Partner: ______________________

### THURSDAY, JULY 20

**HORSESHOES:** 8-10 am @ Sioux Park Pits
- 50 throws

**8-BALL POOL:** 9 am @ Canyon Lake Sr. Center
- Men's Singles Double Elimination
- Women's Singles Double Elimination

**SHUFFLEBOARD:** 9 am @ Minneluzahan Sr. Center
- Singles
- Doubles Partner: ______________________
- Mixed Dbls Partner: ______________________

**BOWLING:** 1-7 pm @ Meadowood Lanes
*Requires additional Fees*
- Singles
- Doubles Partner: ______________________
- Mixed Dbls Partner: ______________________

**PICKLE BALL:** 1 pm @ Canyon Lake Sr. Center
- Singles
- Doubles Partner: ______________________
- Mixed Dbls Partner: ______________________

**RAQUETBALL:** 6 pm @ Roosevelt Park Swim Center
- Singles
- Doubles Partner: ______________________
- Mixed Dbls Partner: ______________________

### FRIDAY, JULY 21

**SWIMMING:** @ Roosevelt Park Swim Center
- Session I - 9 am Warm-up; 9:30 am Start
- Session II - 5:30 pm Warm-up 6 pm Start
- Check-in 15 Minutes prior to start for the following:
  - 50 Yard Freestyle
  - 100 Yard Breaststroke
  - 200 Yard Backstroke
  - 10 Minute Break if Needed
  - 50 Yard Breaststroke
  - 100 Yard Backstroke
  - 200 Yard Freestyle
  - 15 Minute Break If Needed
  - 500 Yard Freestyle

**VOLLEYBALL:** 1:30 pm @ Canyon Lake Sr. Center
- Team Name: ___________________________
- Doubles Partner: ______________________
- Mixed Dbls Partner: ______________________

**SATURDAY, JULY 22**

**5K RUN/WALK:** 7 am @ Sioux Park Pavilion
- Run
- Walk

**SPIN CASTING:** 8 am @ Sioux Park Track Infield
- Three Casts

**TRACK & FIELD EVENTS:** 8 am @ Sioux Park Track
- Track Events take priority over Field Events and will follow a rolling schedule:
  - 1500 M Run
  - 50 M Dash
  - 400 M Run
  - 1500 M Race Walk
  - 100 M Dash
  - 800 M Run
  - 800 M Race Walk
  - 200 M Run
  - 400 M Race Walk

**DANCING CLINIC:** 9:30 - 11:30 am @ Canyon Lake SC
- Attending

### CARD GAMES

- @ Minneluzahan Sr. Center:
  - Wednesday: 10 Point Pitch @ 9 am  Pinochle @ 1 pm
  - Thursday: Mahjong @ 9 am  Hand & Foot @ 1 pm
  - Friday: Whist @ 9 am  Cribbage @ 1 pm

- @ Canyon Lake Sr. Center:
  - Wednesday: Omaha Poker @ 5 pm
  - Thursday: Hand & Foot @ 9 am
  - Friday: Texas Hold’Em @ 5 pm
**Black Hills Senior Games • July 19 - 22, 2017**

**Participant Information Form • Please fill out both sides.**

**Return Registration by Thursday, June 29**

**Name** _____________________________________________________________

☐ Male  ☐ Female

**Address** _______________________________________________ __________

Home Phone ____________________________

City ______________________________ State _______ Zip __________

Alt. Phone ________________________

**Email Address** ________________________________________________

**Age Category** (Age as of 9/1/2017)  
☐ 50-54  ☐ 55-59  ☐ 60-64  ☐ 65-69  ☐ 70-74  ☐ 75-79  ☐ 80-84

Date of Birth ___/___/____  
☐ 85-89  ☐ 90-94  ☐ 95-99  ☐ 100+

$______ Entry Fee $5 enclosed: Includes all events and Thursday evening picnic. ☐ I will be attending the picnic

$______ Additional Picnic Meal: $5 each (for a non-registered individual)

$______ T-shirt: $10 each Size: ___ S  ___ M  ___ L  ___ XL  ___ XXL

$______ Banquet Tickets: $10 each Saturday, July 22nd from 4 - 6 pm at Canyon Lake Senior Center.

$______ Total Fees  (Please read and sign the waiver and select your events on the next page.)

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### WAIVER & HOLD HARMLESS AGREEMENT

**CITY OF RAPID CITY RELEASE AGREEMENT FOR ALL PARTICIPANTS:** IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE OR USE ANY CITY FACILITY IN CONNECTION WITH THIS ACTIVITY, THE UNDERSIGNED AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND Covenants NOT TO SUE THE CITY OF RAPID CITY, ITS EMPLOYEES, OFFICES AND AGENTS (hereinafter referred to as “releasees”) from all liability to the undersigned, his or her personal representatives, assigns, heirs, and next of kin for any loss, damage, or claim therefore on account of injury to the person or property of the undersigned, whethere caused by any negligent act or omission of the releasees or otherwise while the undersigned is participating in a City recreation activity or using any City facilities in connection with the activity.

2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY, DEFEND AND HOLD HARMLESS from all liability, claims, demands, causes of action, charges, expenses, and attorney fees (including attorney fees to establish the releasees right to indemnity or incurred on appeal) resulting from involvement in this activity whether caused by negligent act or omission of the releasees or otherwise.

3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE while upon City property or participating in the activity or using any City facilities and equipment whether caused by any negligent act or omission of releasees or otherwise. The undersigned expressly agrees that the foregoing release and waiver, indemnity agreement and assumption of risk are intended to be as broad and inclusive as permitted by South Dakota law and that if any portion thereof be held invalid, notwithstanding, the balance shall continue in full legal force and effect.

I ACKNOWLEDGE THAT I HAVE READ THE FOREGOING and that I am aware of the legal consequences of this agreement, including that it prevents me from suing the City or its employees, agents, or officers if I am injured or damaged for any reason as a result of participation in this activity. I further acknowledge that no oral representations, statements or inducements have been made.

Individual over 18 yrs of age (print) ______________________________________

Signature ____________________________________ Date __________________

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### RETURN YOUR FORMS TO:

RC Parks & Recreation Office  
515 West Blvd. Rapid City, SD 57701  
(M-F 7:30am - 4:00pm)

Roosevelt Park Swim Center  
125 Waterloo St. Rapid City, SD 57701  
(M-F 5:30am - 9pm; Sat 8am-8pm; Sun 1-8 pm)

### FOR MORE INFORMATION:

Visit www.rcparksandrec.org or call the Parks & Rec Office at 605-394-4168 or Roosevelt Park Swim Center at 605-394-5223

### DEADLINE:

Registrations are due by:  
**THURSDAY, JUNE 29, 2017**

### Make Checks Payable to: City of Rapid City

### Brought to you by:

**PARKS & REC**  
**RAPID CITY**

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**PLEASE COMPLETE BOTH SIDES OF THIS FORM!!**