



Course: First Aid (Lesson 8 from Babysitter's Training)

Purpose

To teach babysitters the knowledge and skills necessary to give care in an emergency, help sustain life and minimize the consequences of injury or sudden illness until medical help arrives at the lay responder level.

Prerequisites

None, if added on to Babysitter's Training course.

Lesson 6 is a prerequisite, if not added on to Babysitter's Training course.

Learning Objectives

- Know how to identify and respond to an emergency.
- Know the purpose of Good Samaritan laws.
- Identify the difference between consent and implied consent.
- Identify when and how to move an injured or ill person.
- Identify life-threatening and nonlife-threatening conditions.
- Identify the signals of shock and describe how to minimize its effects.
- Recognize the signals of various soft tissue injuries.
- Identify various musculoskeletal injuries.
- Identify the signals of head, neck and back injuries.
- Identify the signals of sudden illness, including stroke, diabetic emergency, poisoning and allergic reactions.
- Identify the signals of heat- and cold-related emergencies.
- Demonstrate how to care for a musculoskeletal injury.

Length

1 hour, 45 minutes

Instructor

A currently authorized American Red Cross Lay Responder First Aid and CPR/AED, Emergency Response or Lifeguarding program instructor.

Certification Requirement

- Successfully complete the Babysitter's Training course.
- Attend and participate in all class sessions.
- Demonstrate competency in all required skills listed on the skills checklist.
- Participate in all skill sessions and activities.
- Pass each section of the written exam with a score of 80 percent or better.

Certificate Issued and Validity Period

Standard First Aid: 3 years

Participant Materials

American Red Cross Babysitter's Training (Stock No. 655633)

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